

Želetavská St. – restricted speed zone. Who has the right of way?

Do you cross Želetavská St. walking to work and cars won't stop for you? Conversely, do you drive down this street in your car and have to dodge crossing pedestrians? Who actually has the right of way?

Before changes were made to Želetavská St., we could see pedestrians breaking the law by crossing at unmarked places on a daily basis. As part of the revitalization, we therefore decided to allow freer movement of pedestrians here. In order to ensure the safe coexistence of pedestrians and drivers, we reduced the speed limit to 30 km/h and also differentiated prominent parts of the road both in terms of height and optically by changing the material.

Cars still have the right of way in the 30 km/h zone, but mutual respect between drivers and pedestrians is encouraged. Neither construction modifications to the road nor changes to traffic signs have released pedestrians and drivers from the obligation to avoid endangering themselves or other road users.

Short-term parking spaces have been reserved for couriers in Želetavská St. If the spaces are occupied, couriers or suppliers can use public parking, which is free for the first 15 minutes.





How to get started ski mountaineering?

WHEN: Wednesday, October 6, from 5:30 pm

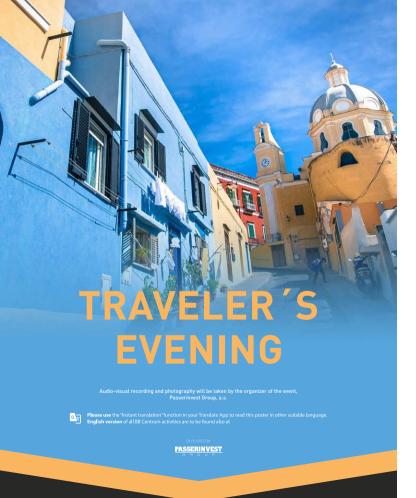
WHERE: Coffee Perk, Brumlovka building, Vyskočilova 1100/2

Do you love mountains and enjoy discovering new places? Discover "skimo" – ski mountaineering! The sport adds a new dimension to winter hiking and is an excellent alternative for cross-country skiers. We'll learn how to start and how to choose the proper equipment – from apparel to skis and avalanche gear. Where to go and, especially, where not to go. We'll take a look at the equipment and how to handle it.

The workshop will be led by blogger, passionate runner and ski mountaineering enthusiast Michal from Running2.cz; equipment for the practical demonstration will be provided by Sanasport.









Traveler's Evening: Beyond the beauties of the Apennine Peninsula

WHEN: Wednesday, October 13, from 5:30 pm

WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

We will set off with photographer and traveler Jana Kupčáková to visit the landmarks of known and less known places. We'll walk down the picturesque lanes of historical towns, taste a little something of the traditional cuisine, visit old fishing ports, colorful markets, and a number of magical little islands.

We'll climb one of the most active volcanoes on the planet and stroll down deserted beaches that rank among the most beautiful in the Mediterranean.



Autumn soup festival

WHEN: Thursday, October 14, from 11 am to 2 pm WHERE: Brumlovka Square, Vyskočilova 1100/2

Hearty soup and autumn are a natural match. After a one-year break, we can again taste the best that the soup festival has to offer. What can we look forward to? To traditional Czech, vegetable, cream, thick bean and spicy Asian soups. Already made up your mind? Or will you wait and let your nose decide?

Live music will create a pleasant atmosphere during the midday programme.







What can children teach us about movement? Developmental kinesiology for adults

WHEN: Wednesday, October 20, from 6:00 pm

WHERE: Bethany Community Center, Za Brumlovkou 1519/4

PRICE: CZK 100, Balance Club Brumlovka and BB Centrum Klub members free of charge

The way children develop their movement skills from birth is a great guide in trying to understand how an adult's body behaves in response to sports or workload. In cooperation with the Department of Physiotherapy in Charles University's Faculty of Physical Education and Sport, Balance Club Brumlovka has prepared a seminar on developmental kinesiology for anyone looking for inspiration from our natural motor development for their own exercise or training.

Speaker:

PhDr. Tereza Nováková, PhD., head of the Department of Physiotherapy in Charles University's Faculty of Physical Education and Sport





WHAT CAN CHILDREN TEACH US ABOUT MOVEMENT?

Audio-visual recording and photography will be taken by the organizer of the event, Passerinvest Group, a.s.

Please use the "Instant translation" function in your Translate App to read this poster in other suitable language.

English version of all BB Centrum activities are to be found also at

PASSERINVEST

Dance lesson at Brumlovka

WHEN: Wednesday, October 20, from 7:00 pm, dance floor from 8:00 pm WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

Did you enjoy the summer dance lessons we organized on the Brumlovka Square? Now that the weather has cooled, there's no reason to stop, we are moving into the dry and warm retail arcade of the Filadelfie building. We are delighted that Lenka Nora Návorková will continue as our teacher, and we also look forward to watching her compete on the arm of Mirai Navrátil on Stardance, which will begin airing on Czech Television in October.

This month we will learn the Cuban MAMBO, a very simple Latin American dance that shares a lot in common with the cha-cha, rumba and salsa. So leave your shyness and fears at home – Lenka will have you dancing in no time. And if the hour-long lesson seems too short, stick around and dance until 10 pm. You can improvise or practice what you learned in the lesson.









Brumlovka Talks

WHEN: Wednesday, October 27, from 6:00 pm
WHERE: online on Brumlovka FB profile

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

This month: Radek Mráz

The current general director and chairman of the board of directors of the G4S security company earned his master's degree at Mendel University in Brno. He worked for UPS for eight years, honing his managerial and sales skills up to the position of sales director for the Czech Republic, Slovakia, and Hungary. He has been working for G4S since 2018, since April 2020 as the general director. In his private life, besides the birth of his children, he was inspired and influenced most by his trip around the world. He and his wife traveled for exactly 365 days through 30 countries on four continents.

The talk show is hosted by Eduard Forejt.



Sport activities at Brumlovka

We will continue with "outdoor" sports activities this autumn. As we would probably freeze to our mats doing yoga, we will move inside the Alpha Building. But the cold and rain are no obstacle to running. The movement will warm us up!

RUNNING LESSONS WITH PUMA

WHEN: every Tuesday from 5:30 pm

WHERE: meeting at 5:20 pm at the reception of the Beta building, Vyskočilova 1481/4

Running lessons are led in two groups for beginners and already experienced runners by instructors and bloggers from running2.cz Soña Hrabec Kotulová and Michal Hrabec.

YOGA FOR EVERYONE

WHEN: every Thursday from 7:00 am

WHERE: Alpha bulding, Vyskočilova 1461/2a

A classic yoga lesson for beginners and advanced students of all ages with Daniela Bacíková. Own exercise mat required.

No reservation required. You can find up-to-date information on the BB Centrum **Brumlovka FB profile**. The lessons will take place in compliance with valid government measures.









Budova B building

FLEKSI: We give you room to MEET

Starting this year in November, the administration Budova B building will open completely new flexible offices and co-working spaces under the name FLEKSI. The project will also offer meeting rooms for one-off and long-term use for meetings with clients. The fully-equipped meeting rooms with flexible layouts can hold up to 70 people.

To reserve a room or for more information, contact the FLEKSI team at 720 730 000, info@fleksi.cz



Budova B building

Brumlovka to be filled with the wonderful smell of baked goods from ZRNO ZRNKO

When you get to work on October 12, you'll probably be drawn by the delicious aroma of fresh baked goods coming from the ZRNO ZRNKO craft bakery. On that day they will be pulling the first baked goods from their ovens at the new Brumlovka branch in the Budova B building.

The bakery uses only the finest ingredients while baking traditionally, honestly and in line with modern nutritional trends.

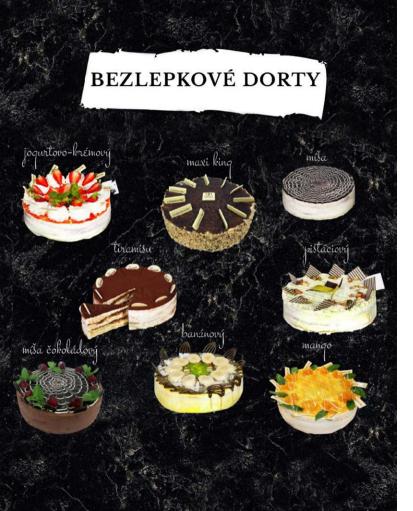
What can you look forward to?

- craft bread from four types of flour, cold-proofed for 12 hours
- baguettes as good as those from a French boulangerie
- Czech and Moravia cakes with dough made from butter and milk, just like bohemian grandmothers baked

You won't be disappointed! We've already tried them.







Aplha building

CUKRÁRNA HÁJEK HÁJKOVÁ: Gluten-free idulging

If you or someone in your area is a celiac, or you are trying to omit flour in your diet, but you like to reward yourself sometimes, gluten-free sweets are the right choice to satisfy your taste that won't get you into trouble. Confectioner's Cukrárna Hájek Hájková now comes with an offer of gluten-free variants of popular cakes and rolls.

Cakes:

- Míša guark cheese
- Chocolate Míša
- Yogurt-cream
- Banana
- Mango
- Tiramisu
- Maxi King

Rolls:

- Chocolate
- Coconut
- Hazelnut
- Cherry



Filadelfie building

Tlap's Coffee in white chocolate

The Tlap's Coffee café can now boast its own new creation. They have mixed choice coffee from Respekt coffee roasters in Prague with white chocolate from Janek Chocolates in Uherský Brod, Choosing the right coffee, preparation and roasting technique to achieve the right balance between the sweet and bitter flavor was a long and demanding process, but the result is impressive.

Try it yourself right at the espresso bar, where you can also buy the beans.







Aplha building & Filadelfie building

PuzzleSalads rolls out its autumn menu

The new autumn star at PuzzleSalads is a salad filled with power, Pear Phad Thai Salad, which will energize you with its unique flavour. A combination of spicy chicken, mung bean sprouts, pears, chilli, carrots, Chinese cabbage with rice noodles and iceberg lettuce, covered with fried onions and peanuts with Phad Thai dressing.

Back by popular demand is the Double Pumpkin Bowl, featuring butternut squash, spicy-sweet potatoes, edamame (young soybeans in the pod), chickpeas and broccoli on a bed of basmati rice, covered with pumpkin seeds, chilli and cilantro.

We wish you all a lovely autumn!



Brumlovka building

Bomton: Always in style and chic for the meeting

Ladies, do you have an important business meeting at Brumlovka or are you going to an evening party after work? Would you like to look great and feel confident? Hairdressers from Bomton studio Brumlovka will take care of your hairstyle. Take advantage of the time-indefinite offer of the wash&style service for a promo price of CZK 450 and be the star of the day.



BOMTON_®



Beta building

Laundry care the ASKO way

Washing machines without a bacteria trap, vibration and noise, dryers, and drying cabinets for even the most delicate laundry. And a number of discreetly hidden helpers, which do not take up space on the floor, but are available at any time. Exclusive appliances from the Scandinavian ASKO brand intended for the laundry room attract attention at first glance with their remarkable, high-end design. They also hide many innovative features used by professional operations in a perfectly minimalist form. The complete laundry care concept with the most prestigious international award for design and functionality – the Red Dot Best of the Best – is already on display in the ASKO design showroom in the Beta building.

Appliances can be purchased with a one-time payment or as part of the premium Comfort Program service with monthly payments for the period of their planned use. This service also includes premium professional advice on the use of the appliances as well as daily assistance in resolving unexpected situations.



Brumlovka building

Looking to get rid of unfavourable loans?

Refinance!

If your household is one of those with multiple loans, they probably have various payment amounts, interest rates, maturities, and payment dates. It is highly probable that some of these loans are unfavorable for you and that they pointlessly burden your family budget. One solution is the consolidation of all your loans into one single loan.

Consolidation will help you:

- pay just one loan
- each month you will have only one payment on a specific day
- your payment is lower than the sum of all your current loans
- you won't have to pay fees on each loan separately
- the overall costs of loan payment are reduced, which means a lower burden on your family budget

The experts at OK POINT Brumlovka will assist you with consolidation of your loans. Call 242 486 328 to arrange a meeting, either online or in-person while respecting all current hygiene rules. OK POINT is open for you at the following times:

- Monday: 8:30 am − 6:00 pm
 Tuesday, Thursday: 9:00 am − 5:00 pm
- Wednesday: 8:30 am 5:00 pm
 Friday: 9:00 am 3:00 pm







Filadelfie building

Drogerie dm I want what I need as soon as possible

With new possibilities for express pick-up, you can now shop at your local dm with greater convenience, simplicity and speed. Shop at dm.cz and choose express pick-up as your choice of delivery. Within three hours of payment, you can pick up your order at your favorite dm shop in the Filadelfie building.

This delivery method is also a sustainable alternative that saves packaging and the environment.

Express delivery is always free for registered customers on the dm online shop.



Become a direct recipient of the eCity newsletter

Would you like to be the first to learn about the news here at Brumlovka? If you are interested in sports and cultural events, you would like to shop at farmers' markets or you want to be inspired by the range of gastronomical experiences on offer and you also like planning these kinds of things, register your email address HERE and be in the picture ahead of the rest



