



Autumn Reading at the BookBooths

Bookworms can make their autumn evenings more pleasant with a good book from one of the **BookBooths located in BB Centrum's parks**. Anyone can choose any of the books on display to take home and read. Likewise, anyone can bring their already-read or unwanted books to the BookBooths for other readers to enjoy. And because we can see that these chilly autumn days have caused an uptick in BookBooth borrowing, we would greatly appreciate it if those of you who have books lying around at home gathering dust would bring them to our mini libraries, where they'll find new, grateful readers.



Baar Park and Brumlovka Park
www.bbcentrum.cz



BB CENTRUM



New at UNIQUE: New Menu, Bonus Cards, and Music Evenings

There's plenty of new happenings at UNIQUE Restaurant this autumn. The main attraction is the **all-new menu**, which features not only classic Czech dishes, but also fresh fish and carefully selected steaks.

For frequent guests, the restaurant has added bonus cards with which you can earn free lunches. Other new attractions include the regular music evenings – jazz lovers in particular will enjoy them – as well as thematic dinners and wine tastings.

UNIQUE invites you to a special 5-course tasting menu **on October 26**, including tasting of Italian wines, and **on November 14**, yet another Jazz Evening.



DELTA Building
www.unique-restaurant.cz

UNIQUE
original restaurant



**MOCNÁ SÍLA
CITRUSŮ
JIŽ BRZY
V UGO**

Protect Yourself From Colds with Citrus from UGO

UGO has come up with four new healthy drinks to help keep you healthy during the upcoming cold and flu season:

- first is their drink with avocado and kiwi with refreshing lime, spiked with a proven remedy against winter illnesses – ginger and a sprinkling of spirulina,
- their popular winter drink – a combination of tangerine, chili, mango, and apple,
- their third seasonal juice blend is power-packed with vitamin C – orange, lemon, and tropical pineapple,
- and the last seasonal drink doesn't contain any citrus, but that doesn't mean it's any less healthy. Sweet pear goes great when combined with beetroot and apple.

Try a wrap with your drink and fight off germs, hunger, and thirst all in one go. This seasonal offer can be found at the UGO bar from November 14.



BETA Building
www.ugo.cz



LEHČÍ ŽIVOT



Bomton Recommends Hair Care Products... and More

At the luxury salon Bomton, not only can you get your hair cut and colored, but you can also try Biolonic Agave hair straightening or enjoy a pedicure or manicure.

Pamper your hair with special oils from Sachajuan and Moroccanoil, or Volume Powder for a matte finish.



BRUMLOVKA Building
www.bomton.cz

BOMTON®



UROSANTÉ Supports the MOVEMBER Project



November is coming – the month devoted to the fight against prostate cancer. UROSANTÉ participates in the MOVEMBER project by inviting men to come for a preventative urological exam.

**Make an appointment by phone at 733 640 218 or by email at recepce@urosante.cz.
A medical check-up is free of charge.**



Residence BB Centrum
www.urosante.cz



UROSANTÉ



Stop By the O2 HUB for a New Autumn Latté

Get out of the autumn drizzle and morning fog and warm up with a specialty coffee drink. Starting in November, premium coffee with rich milk foam in the modern premises of the O2 Hub Café will be infused with the aroma of freshly baked gingerbread, pumpkin pie, and roasted chestnuts.

The café in the GAMMA Building is open to the public on weekdays:

Mon–Thu: 8:00 a.m. to 6:00 p.m.

Fri: 8:00 a.m. to 4:00 p.m.



GAMMA Building
www.perfectcanteen.cz/O2





An Ounce of Prevention with dm: DAS gesunde PLUS

This dm brand features a number of products that help prevent various illnesses which can make life unpleasant for us during the autumn months. DAS gesunde PLUS comprises a wide portfolio of products, from food supplements, vitamins, and various minerals. Athletes definitely appreciate the protein and energy products with a variety of flavors which help them achieve even better results. Lovers of relaxation and high-quality teas will enjoy the wide variety of tea blends.



FILADELFIE Building
www.dm-drogeriemarkt.cz



Czech Beauty 2018 Charity Calendar Signing Moved to Tuesday, October 24

This unique project, supported by the Hanka Kynychová Foundation and Česká krajina o.p.s., will take place **on Tuesday, October 24 between 11:30 a.m. and 1:00 p.m.** in the JK Jitka Kudláčková jewelry shop in the FILADELFIE Building. Be one of the first to get this exclusive calendar and support a good cause, and also have the opportunity to get your calendar signed by the main supporters of the project, Jitka Kudláčková, Hanka Kynychová, and Gabriela Lašková.



FILADELFIE Building
www.jk.cz

