

Love the
spotlight?
Then go to
the theatre!



Air today,
gone tomorrow!



Brumlovka

Feeling at home at work

Times like these are accelerating the challenges of pushing the boundaries of energy efficiency. However, efficient operation is not just about electricity - it involves a comprehensive set of various measures that promote generally sustainable consumption and a sustainable approach to the operation of buildings.

Passerinvest has long been applying an optimal operation strategy for its buildings and services at Brumlovka. However, all these efforts are often fundamentally influenced by the end user of the equipment and technology. Therefore, we would like to present some tips on how we can save energy together.

The full document can be found [HERE](#).

Filadelfie building



Traveler's Evening: Greenland – Sailing through the ice

When: Wednesday, February 15, from 5:30 pm

Where: Sommellerie, Filadelfie building, Želetavská 1525/1

At the February Travel Evening, sailor and yachtsman Jan Staněk will tell us about his voyage from Norway to Greenland's Scoresby Sound, the largest fjord in the world. About his voyage through the ice, shining a spotlight on the fascinating nature of the Arctic, its huge ice floes and ice cities nestled between majestic mountain peaks.

He'll tell us about what it was like to meet a polar bear, muskoxen, and humpback whales. He'll also be reminiscing about the more than a month he spent living on a 15-metre-long ship, where those aboard were left to fend for themselves, with no signal and far from civilisation.

Brumlovka.

**Traveler's
Evening.**



Greenland – Sailing through the ice



Please use the "Instant translation" function in your Translate App to read this poster in other suitable language. English version of all Brumlovka activities are to be found also at brumlovka.cz.

Passerinvest

Dance lessons.



Dance lessons at Brumlovka



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Passerinvest

Filadelfie building

Dance lessons at Brumlovka

When: Wednesday, February 22, from 7:00 pm,
dance floor from 8:00 pm

Where: Sommellerie, Filadelfie building, Želetavská 1525/1

The world-famous Carnival in Rio de Janeiro always takes place in February, so our February dance lesson will focus on the SAMBA. Come and join us dancing this joyful Latin American dance, which will really get your blood pumping.

The dance teacher is Lenka Nora Návorková, champion of the Czech Republic several times in Latin American dance, winner of StarDance 2018, and the dance partner of Mirai Navrátil in the past season of this popular television competition.

Brumlovka.

Brumlovka Square

Street Food Festival

When: Thursday, February 23, from 11:00 am to 3:00 pm

Where: Brumlovka Square, Vyskočilova 1100/2

Come and enjoy yummy street food from the whole world, such as burgers, quesadillas, Mexican burritos, Jamaican chicken, Indonesian specialities, sea food and lots of other stuff.

Live music will create a pleasant atmosphere.

Brumlovka.

Festival.



Street Food Festival



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Passerinvest

Talkshow.



Brumlovka Talks

Khanh a Giang Ta



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Brumlovka

Brumlovka Talks

When: Wednesday, February 28, from 6:00 pm

Where: online on Brumlovka FB profile

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

This month: Khanh and Giang Ta, Dian

These two brothers, Khanh (the chef) and Giang (the restaurateur) run three establishments in Prague: Gao Den in Stodůlky, Taro in Anděl and Dian at Brumlovka. The elder of the brothers, Khanh, a graduate of the Saigon Culinary School with a background as a chef in northern Vietnam, is in charge of the food, while Giang, an economics graduate, looks after the business side of things.

Notable achievements of theirs include winning the 2018 Discovery of the Year Award, being included in the Michelin Guide, and being featured in the New York Times.

The show is hosted by Eduard Forejt.

Brumlovka.

Brumlovka

Regular Sports Activities

February schedule is a little different. Please pay attention to the information below.

Running Lessons with Puma

When: every Tuesday from 5:30 pm

Where: meeting at 5:20 pm at Beta building reception, Vyskočilova 1481/4

Running lessons are led in two groups for beginners and experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec.

Lecture on January 31 will be held on Thursday, February 2 instead!!!

Yoga for the Public (NEW TEACHER)

When: every Thursday from 7:00 am

Where: retail unit in the Budova G building, Michelská 58, entrance from the Baarova Street

A classic yoga lesson for beginners and advanced students of all ages with new teacher Vendula Prokopová, starts February 16, 2023. Own exercise mat required.

The sessions WILL NOT BE HELD on February 2 and 9.

Brumlovka.

Sport.



Lecture on January 31 will be held on Thursday, February 2

NEW TEACHER
Vendula Prokopová



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Passerinvest



Brumlovka building

Balance Club Brumlovka

– body salt scrub

Balance Club Brumlovka has made a pleasant addition to its comprehensive health and body care program. After exercising or swimming, you can treat yourself to some beneficial rest in the Relax Zone, which offers an extended range of sauna ceremonies, culminating each month with a full Sauna Afternoon or Sauna Evening.

One brand new addition to the wellness schedule is a body salt scrub in a steam bath, which removes dead skin cells and disinfects and cleans clogged pores. The blend used, scented with essential oils, is also very good for improving circulation in the skin and leaving it pleasantly smooth. You can enjoy a salt scrub at the Balance Club Brumlovka every Tuesday from 11:00 am.

Employees of companies located in buildings owned by Passerinvest have cut-price membership at Balance Club Brumlovka. For more information, call the Client Centre on +420 234 749 810 or mail at info@balanceclub.cz

Olivka building

The Parkofka café is open. Even at the weekend.

The Parkofka café opened at the end of last month. You can find it in the Olivka building, right by the Brumlovka Park.

Temporary opening hours are THU and FRI 8:00 am - 7:00 pm, SAT and SUN 10:00 am - 7 pm. As the days get longer and the weather improves, in the spring the café will be open into the evening and on the other days as well.

What can you look forward to?

- Delicious coffee from the doubleshot roastery
- Selected teas, sodas and mixed drinks
- Homemade desserts, raw, vegan, low carb
- Breakfast, sandwiches
- Gluten-free and lactose-free delicacies are also available for allergy sufferers



Výhodné ceny

pro členy
věrnostního
klubu

flat white

70 coffee korun

hruškový
koláč

50 coffee korun

mleko
iced latte

70 coffee korun

croissant

20 coffee korun

Exkluzivní
cheesecake
slaný karamel



COSTA
COFFEE

Velvet
flat white
malina & chilli

s namletým chilli



COSTA
COFFEE

Luxusní
muffiny

citrus & mák

slaný karamel &

malina & bílá



COSTA
COFFEE

Beta building

Velvet temptation from Costa Coffee

The new winter treats at Costa Coffee are coffee drinks that are a velvety treat for your taste buds. Velvet Caffé Latte is 100% vegan and can be enjoyed plain or with a salted caramel flavour that adds a nice tang to the coffee. The Velvet Flat White with raspberry and chilli is another great new drink with a kick.

It is based on the classic Flat White, an espresso made from three shots of coffee, topped up with milk whipped together with vegetable cream. Don't be put off by the combination of raspberries and chilli; the creamy milk softens the spicy undertone and the result is a truly extravagant novelty that you simply have to try.

Fancy a bite to eat while you're at it? So try the Velvet Cheesecake with salted caramel, or one of the new muffin flavours: lemon & poppy, salted caramel & nuts, and raspberry & white chocolate.



Brumlovka building

Valentine's Day dessert from Maranatha

Not only for all those with a sweet tooth, the health food store now stocks vegan milk chocolate bars (based on rice milk), complemented by some themed Valentine's Belgian chocolates.

And the Maranatha vegetarian restaurant is also celebrating Valentine's Day, including the popular delicious Pavlova dessert on its menu for the day. Come and see that „the way to the heart really is through the stomach“.





Alpha and Filadelfie buildings

Morocco bowl from Puzzle Salads in 3 different ways

Enjoy the new winter Puzzle Salads in three different variants. Oriental flavours, each time with a different protein.

Each Morocco bowl is based on oriental couscous and vegetable ragout, complemented by refreshing pomegranate, raisins, dried dates and plums. You can choose one with shredded chicken or a vegan version of the dish, with falafel or vegan balls instead of meat.

Delta building

February chill-out at the Turnovská pivnice Pub

From Monday to Friday, the Turnovská pivnice in the Delta building offers an imaginative lunch menu with something for everyone to choose from. Meals are served with their TURNOV craft beer pulled straight from the tanks. In the afternoon, the kitchen is ready to serve up perfectly roasted chicken wings in a spicy butter marinade or an aged beef steak with Grenailles and cognac demi-glace. And, of course, they also have a special offer for Valentine's Day.

The day of lovers is the perfect opportunity to taste their original brewer's cake with apricot and orange marmalade and nut brittle.

 **TURNOVSKÁ**
PIVNICE





Brumlovka building

Corporate catering from Coffee Perk

Coffee Perk is not just about coffee. In cooperation with Belcredi Bistro & Bar, they will also prepare catering for your company. Meeting? Guests from abroad? Project presentation? Or just an event with colleagues? After work fun?

No problem, Coffee Perk will cater every event for you for.

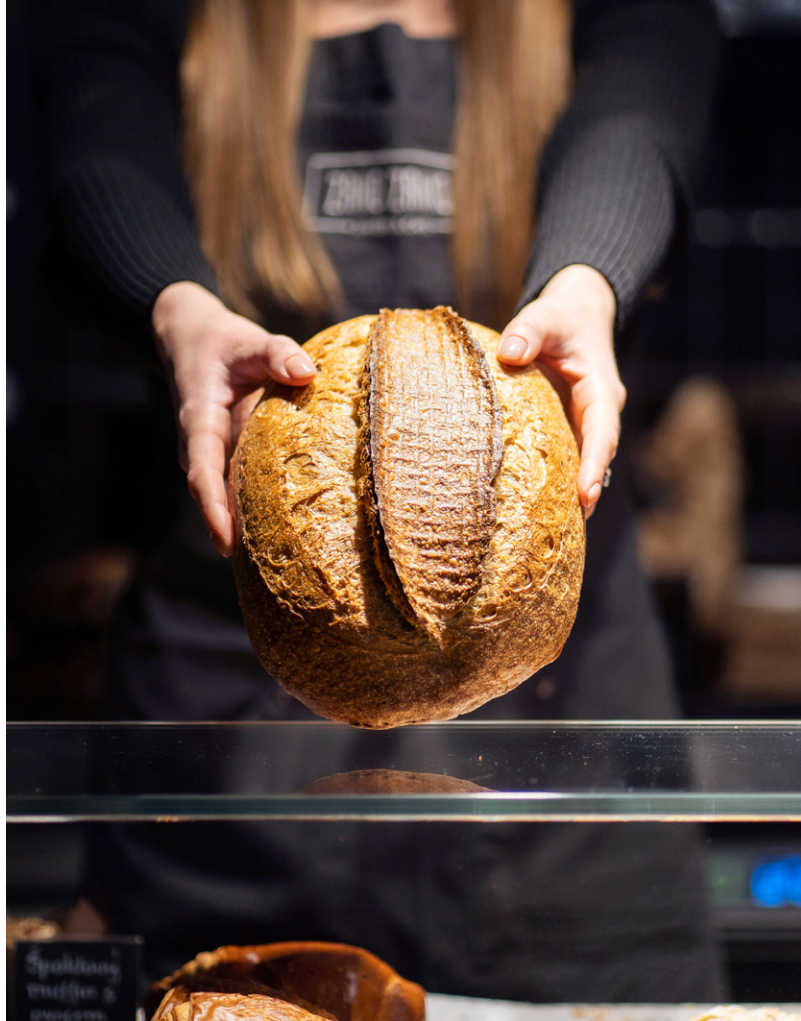


Budova B building

Red Bread from ZRNO ZRNKO

The popular ZRNO ZRNKO bakery has expanded its range of artisan pastry with the new Red bread. The red in the name of the new bread symbolically foreshadows two essential pieces of information. Namely, that the master bakers at ZRNO ZRNKO used red wheat flour for the first time when mixing bread and that the ZRNO ZRNKO bakery started cooperation with the famous Prague restaurant Červený Jelen.

Red grain artisan bread is made from wheat kvass using a slow fermentation method, where it ferments for 18 hours at 6 degrees Celsius. It contains pilsner beer (more precisely, beer reduction from it) and 15% red wheat flour. This gives the bread a darker color, a light nutty flavor and also valuable health benefits - it contains flavonoids catechin, tannin and also anthocyanin - a natural dye that is also an antioxidant. Although red wheat belongs to the original types of cereals, it is rarely used in our country.





PÁTEČNÍ
SPECIALITY

ÚNOR

Filadelfie building

February mexican specialties at La Fresca

La Fresca restaurant in the Filadelfie building has prepared exclusive tortillas and stylish Quesadillas. These mexican specialties will be served every Friday in February. The restaurant is open to the public.

Come and taste the difference.

LA FRESCA
CANTINA & CAFÉ

Alpha building

Valentine's workshop in Papýrek

When: Wednesday, February 8, 2023 from 4:00 pm to 7:00 pm

Where: Papýrek store, Alpha building, Vyskočilova 1461/2a

The first children's workshop this year at the Papýrek store is here, on Wednesday, February 8, 2023. You don't need anything special, Papýrek will have everything you need ready for you.

And what will be produced? Let yourself be surprised. A little help can be: sticks, gluing, drawing and creating

The children's workshop is free and no registration is required.

Papýrek





Brumlovka building

Mandala Montessori: A magical way to declare your love...

When a male gentoo penguin falls in love, he scours the entire beach for the perfect pebble with which to charm his mate. If the pebble is accepted by the female, he continues with more pebbles, which he gradually carries in his beak to the future nest. Constantly added to like this, the nest can contain more than a thousand similarly sized stones! His efforts do pay off, however. Gentoo penguins are monogamous, so it is quite common for them to become fixated on the first nest they make together.

In the Mandala Montessori shop on the ground floor of the Brumlovka building you can always find a „pebble“. And you'll even find penguin figurines, if you don't really feel in the mood for building...

More animal stories can be found on the Facebook or Instagram profiles of Mojo Fun Czech and Slovak Republic.



MONTESSORI

Filadelfie building

St. Valentine's Day with Meera Design

Celebrate St. Valentine's Day all week long from February 13-17 and make the most of an exceptional 14% off all garments in amorous red that you can find at the Meera Boutique in the shopping arcade of the Filadelfie building. Come and pick out something nice, to dazzle your sweetheart or to treat someone (your mother, perhaps) with a lovely red gift.

A day for women

When: February 8, from 4:00 pm to 7:00 pm

Come and join a group of women, not only to chat about fashion, combining colours and individual garments and how to layer them, but especially to try out what things in pleasant organic cotton would suit you best. Bring along a friend, your daughter or even your grandma and enjoy a nice „ladies' afternoon“. And if you can't make it on February 8, come along to the regular Wednesday Five o-Clock Tea (or Coffee). **More information** [HERE](#).

The „Awakened“ fashion show will probably take place on March 26, 2023 at Brumlovka. See the March newsletter for more information.



Budova B building

Valentine's Day gift for men from Anthony's

Show your boyfriend you care and choose him something from Anthony's great range of Valentine's Day gift ideas! It's up to you whether you opt for a fragrance that accentuates his masculinity, a perfectly fitting shirt, a silk tie, cufflinks, or something completely different from the store's wide range of clothing and accessories.

At Anthony's, they're there to help you make the right and unique choice for the man of your heart.



ANTHONY'S
/ LONDON

Filadelfie building

Matters of the heart from dm

Nowadays, we don't just send cards; we often want to give our loved ones a small gift that will make them happy and warm their hearts. We can also buy lots of beautiful things in dm stores, such as something sweet from the limited edition dmBio range, to go in a beautiful Valentine's Day bag.

You can celebrate your love with a romantic dinner. You can cook dmBio heart-shaped pasta, for instance.



dmBio
organic heart-shaped
pasta

29,90 Kč

dmBio
organic crispy hearts in white
chocolate and dusted with
raspberry

79,90 Kč



Profissimo
Gift bag

39,90 Kč



**Valentýnský dárek
věnovaný z lásky!**

Šperky od JK zasáhnou
srdce každé ženy.

JK
JITKA KUDLÁČKOVÁ
ŠPERK JE VZTAH

Filadelfie

JK: Valentine's present from the bottom of your heart

Celebrate the holiday of love with jewelry. At JK Jitka Kudláčková, you can choose from a wide selection of jewelry with which you can express your affection and keep a reminder of her forever. JK jewelry is covered by a lifetime warranty and you are entitled to a free service every two years. The quality is beautiful and soulful.

Do not hesitate to visit the store in the Filadelfie building or order at jk.cz.

JK
JITKA KUDLÁČKOVÁ

Villas

Lemon Pharmacy: professional care for your health

Choose online from a wide range of Lemon Pharmacy products for your whole family's health. LEMON Pharmacy has great prices, gifts and rewards. There are still lots of respiratory ailments around and as it's best to be prepared, stop by in person, or pick something up from the lemon e-shop.



DOPLATKY 0 Kč
snížené až na **0 Kč**
**INZULINY BEZ DOPLATKU
PRODUKT NAVÍC JAKO DÁREK**

*K nákupu vybraných produktů (označených symbolem dárku) obdržíte navíc další produkt jako dárek; za 0,01 Kč. Platí od 16. 1. do 28. 2. 2023 nebo do vyprodání zásob; změny vyhrazeny.

AurisClean ušní sprej 15 ml

- účinně odstraňuje nadměrný ušní maz
- snižuje riziko zánětu ucha

Za **SUPER CENU** také:
• **AurisClean Sensitive ušní oční sérum 20 ml**
• **AurisClean ušní kapky 15 ml**

175 Kč
SUPER CENA



**DÁREK
NAVÍC**

Volteren Forte 20 mg/g gel 100 g

Volteren Forte 20 mg/g gel proti bolesti až na 24 hodin při aplikaci dvakrát denně ráno a večer:

- ulevuje od bolesti zad, svalů a kloubů
- prozáznětlivý účinek
- stačí aplikovat pouze 2x denně
- snadno otevíratelný uzávěr

Čtěte pečlivě příbalovou informaci. Voltaren Forte 20 mg/g gel je lék k vnějšímu použití. Obsahuje diclofenacum, diethylaminum.

299 Kč
SUPER CENA



Zdravotnické prostředky.

HerbalMed pastilky Dr. Weiss Islandský lišejník + tymián + med + vitamin C 24+6

- originální švýcarské bylinné pastilky
- lišejník islandský pomáhá při škrábání v krku, suchém a dráždivém kašli

Za **SUPER CENU** také:
• **další druhy HerbalMed pastilek Dr. Weiss**

119 Kč
SUPER CENA



Leros Immunity SHOT Zázvor + Vitamin C 150 ml

- závor a vitamin C podporují přirozenou imunitu organismu, proces trávení a zahřívají organismus

39 Kč
SUPER CENA

**3+1
NAVÍC**



Doplňek stravy. *za 0,01 Kč

Coldrex HORKÝ NÁPOJ citrón s medem 10 sáčků

- odstraňuje příznaky chřipky a nachlazení
- díky paracetamolu snižuje horešku, odstraňuje bolest hlavy, bolest v krku
- s přídatkem křemíku látky na uvolnění ucpaného nosu a s vitamínem C

Za **SUPER CENU** také:
• **další druhy Coldrex**

179 Kč
SUPER CENA



Nasivin® Sensitive pro děti 0,25 mg/ml nosní sprej, roztok 10 ml

- sprej proti rýmě pro děti od 1 do 6 let
- uleví od ucpaného nosu při rýmě a působí protivirově

Za **SUPER CENU** také:
• **Nasivin® 0,5 mg/ml nosní sprej, roztok**

Nasivin® Sensitive pro děti 0,25 mg/ml nosní sprej, roztok je lék s nosnímu podání s léčivou látkou oxymetazolin hydrochlorid. Čtěte pečlivě příbalovou informaci!

99 Kč
SUPER CENA





Beta building

ASKO DW60 dishwashers for more than one generation

ASKO DW60 smart dishwashers with four baskets and integrated Wi-Fi, winners of the prestigious international iF Design Award 2022, have the world's tallest loading height and the biggest load capacity on the market and have been independently tested for the equivalent of 20 years of regular use.

They come with several smart sustainable washing and drying features while meeting the strictest hygiene standards by using UV light to eliminate 99.99999% of bacteria, mould, viruses and other pathogens, even with the low-temperature ECO programme. The main washing cycle runs after the filter has been rinsed and automatically cleaned in clean water using a system of 11 nozzles with highly efficient spray zones. The eight most important components are made of hardened steel rather than plastic.

This makes the ASKO DW60 the most reliable and environmentally friendly dishwasher in the world and the market benchmark in terms of hygiene and sustainability. It can also be controlled remotely via an app and a mobile phone. Soon to be on display in the ASKO showroom in the Beta building. Price upon request.





Test your knowledge of energy

Do you know why nuclear technicians wear yellow jumpsuits? How tall is a wind power plant? And what are people in the energy industry talking about when they say a fir tree or a barrel? You will find out **VIRTUALLY IN THE POWER PLANT!**

Take a virtual trip to the CEZ Group's power plants and, from the comfort of your office or home, visit some of the country's most securely guarded sites, places where most employees don't even go. You can choose from four tours:

- The Temelín nuclear power plant
- The Dukovany nuclear power plant
- Renewable energy sources
- Electricity distribution (or how energy travels from the power plant to your home)

Tours of the plants available until the end of March 2023. They are broadcast live from an interactive TV studio via MS Teams. Each of them includes a competition to win prizes.

Sign up for free.



**Voda v reaktoru
má 320 °C.**

**Proč se
nevypaří?**