



Brumlovka

# Shuttle service running as normal during the summer

The holidays are already in full swing, but our free electric buses are up and running and fully on [schedule - see](#).

You can take our popular 100% electric shuttle service from the Budějovická metro station to Brumlovka and back throughout the summer, just as you're used to doing.



Brumlovka

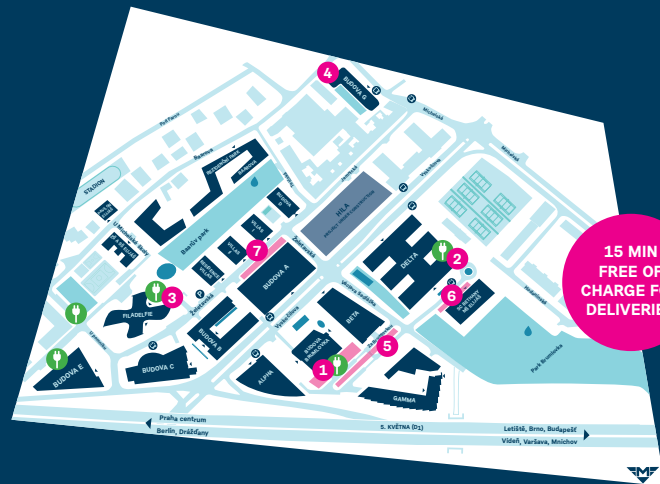
## Overview of hourly rates for public car parks at Brumlovka

If you're coming to Brumlovka by car or want to give visitors a tip on a convenient spot to park, check out our new parking regulations.

Visitors to Brumlovka have several underground and above-ground public parking options available, offering non-stop parking services. On weekdays, parking costs **60 CZK per hour**. At night, during weekends and holidays, parking in the underground garages is now **CZK 20 per hour**. Parking is completely free on Želetavská Street and at the Bethany Community Center during these times.

Payment for parking is possible in cash, by card, or through various provider applications. **We offer 15 minutes of free parking for loading and unloading** to supply your premises or deliver parcels.

You'll also find electric car chargers at five stations in Brumlovka.



- 1 Brumlovka Building
- 2 Delta Building
- 3 Filadelfie Building
- 4 Budova G Building
- 5 Za Brumlovkou St.
- 6 Community Center Bethany
- 7 Želetavská St.
- Charging stations

Brumlovka.

Travel  
Evening.



## Mysterious Borneo



Please use the "Instant translation" function in your Translate App to read this poster in other suitable language. English version of all Brumlovka activities are to be found also at [brumlovka.cz](https://brumlovka.cz).

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Filadelfie Building

# Travel Evening: Mysterious Borneo

**When:** Wednesday, 3 July 2024 from 5:30 p.m.

**Where:** Filadelfie Building shopping arcade, Želetavská 1525/1

**Speaker:** Petr Blahuš

Through hell and paradise right on the equator, the legendary Skull Hunters' Trail leading through 170-million-year-old jungles, to the largest caves on the planet and to beautiful, deserted and almost unknown atolls off the coast of the world's third largest island.

You can take a look at all these places at our fascinating photographic talk by traveller, photographer and publicist Petr Blahuš.

Brumlovka.

Alpha Building

# Exhibition: Harmony of Colours

**When:** 5–28 July 2024

**Where:** Alpha Building, Vyskočilova 1461/2a

Come and see Jarmila and Barbora Kratochvilová's inspiring exhibition entitled Harmony of Colours.

**Brumlovka.**

**Exhibition.**



## Harmony of Colours



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Dating.



## Dating for university graduates



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Budova Brumlovka

## Dating for university graduates

**When:** Wednesday, 17 July 2024 from 6:00 p.m. and from 8:00 p.m.

**Where:** Coffee Perk, Brumlovka Building, Vyskočilova 1100/2

Is your partner's education important to you? We've prepared a relaxed evening of conversation where you can get to know new people and maybe even meet someone and fall in love. The evening is open to all university graduates. Come and have a nice chat and get to know those who are looking for a serious dating partner. **Try your luck and sign up!**

6:00 – 8:00 p.m.	women and men under 42 – CZ
8:00 – 10:00 p.m.	women and men under 35 – CZ

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Náměstí Brumlovka

# Street food festival at Brumlovka

**When:** Thursday, 25 July 2024 11:00 a.m.–3:00 p.m.

**Where:** Náměstí Brumlovka, Vyskočilova 1100/2

Come and enjoy some typical street food from around the world, such as juicy burgers, Mexican quesadillas, Spanish churros, Indonesian specialities, Italian piadina and lots more.

A music programme will be prepared for you during lunch.

**Brumlovka.**

**Festival.**



## Street food festival at Brumlovka



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Dance lessons.



## Dance lessons at Brumlovka



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Náměstí Brumlovka

# Dance lessons at Brumlovka

**When:** Wednesday, 31 July 2024 from 7 p.m.

**Where:** Náměstí Brumlovka, Vyskočilova 1100/2

**Come and dance with us for free under the tutelage of Lenka Nora Návorková** – many times Champion of the Czech Republic in Latin American dance and winner of the StarDance television competition.

The sunny end of July will take us to Cuba, the home of two dances that we'll be doing during our summer dance lesson. One slow and the other fiery and temperamental. You guessed it, the rumba and the chacha. We'll be dancing solo as well as in pairs, and will show how the different variations fit into both these Cuban dances.

We look forward to seeing you.

**Brumlovka.**

Brumlovka

# Talks from Brumlovka

**When:** Wednesday, 31 July from 6:00 p.m.

**Where:** première online on the **Brumlovka FB profile**

Every month, we invite people, who we feel have something to say and whose professional or personal life is somehow associated with Brumlovka. We want to seek out inspiration and advice for you, but also to present life's victories and defeats. **Different person, different topic, each time on Brumlovka.**

**Tento měsíc: RNDr. Bc. Pavel Mach**

Owner of the IT company Softech and graduate of the Faculty of Mathematics and Physics of Charles University and the Faculty of Economics of the University of West Bohemia.

Beekeeper, author of the ProBee system for monitoring and managing bee colonies, and founder of the Bees on Rooftops project. It might seem that beekeeping and numbers, technology and charts could hardly be further apart, but this is not the case. He and his wife Alena have managed to combine their love for bees with technology in the family beekeeping business, in which their grandchildren are already helping out as the 6th generation. Exact reasoning, sensors and beekeeping experience have given rise to the fascinating Bees on Rooftops project. A project that proves that bees have a place in cities and that the fragile bee ecosystem can be supported here, too.

**Brumlovka.**

**Talkshow.**

## RNDr. Bc. Pavel Mach



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Sport.



Brumlovka

## Regular sports activities at Brumlovka

### Running Lessons with Puma

**When:** every Tuesday from 5:30 pm

**Where:** meeting at 5:20 pm at Beta building reception, Vyskočilova 1481/4

Running lessons are led in two groups for beginners and experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec.

### Outdoor yoga for the Public

**When:** every Thursday from 7:00 am

**Where:** Brumlovka Park, Za Brumlovkou Street

A classic yoga lesson for beginners and advanced students of all ages with Natálie Löwová. Own exercise mat required. Classes are not held in the event of bad weather.

Classes are not held in the event of bad weather. [Follow FB Brumlovka.](#)



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Brumlovka.

# Regular sports activities in Nové Roztyly Park

We regularly organize sports session in Nové Roztyly as well. Just choose what suits you.

## Fitness Workout

**When:** every Wednesday, from 6 to 7 pm.

**Where:** Street Workout Area, the Nové Roztyly Park

The Wednesday workout with Eva Neméřhová is focused on building physical fitness and working the whole body.

## Running Lessons

**When:** every Wednesday, from 6:30 to 7:30 p.m.

**Where:** meeting at 6:20 pm by the Roztyly metro station

Running lessons are led in two groups for beginners and experienced runners by instructors and bloggers from [running2.cz](http://running2.cz) Soňa Hrabec Kotulová and Michal Hrabec.

## Outdoor yoga for the Public

**When:** every Tuesday, from 6 to 7 p.m.

**Where:** Nové Roztyly Park, meeting in the park next to the Nosál Hotel (U Michelského lesa 1158, Prague 11)

A classic yoga lesson for beginners and advanced students of all ages with Natálie Löwová. Own exercise mat required.

**Classes are not held in the event of bad weather. Follow [FB Krcakzije.cz](https://www.facebook.com/Krcakzije.cz)**



## Sport.



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Brumlovka

# Brumlovka Chaplain: Summertime...

The sun is slowly approaching its zenith in the summer sky, prompting us to plan some fun-packed and relaxing holidays. Sunbathing by the sea, barbecues with friends and trips to picturesque places - this is what summer is all about. But what if we added a dash of adventure to our summer schedule this year? Something we may never have discovered before.

“Hic sunt leones” This is how cartographers used to mark unexplored territories full of mystery and danger on maps. Translated, it means “here are lions”. This gave sailors the option of following routes they knew well, or choosing a path of discovery but with no idea of what awaited them. Nowadays, this quote is used as a metaphor for life choices. We can choose to embark on familiar and comfortable paths that guarantee peace and security, or venture into the unknown, take risks and face challenges that may bring unforgettable experiences and personal growth. So try something new...

**Wishing you all a happy summer, Patrik Nehyba**



Beta Building

# Lean In Middle

Development programme for women in business

**When:** from 24 September 2024 to 8 April 2025

**Where:** FLEKSI, Beta Building, Vyskočilova 1481/ 4

**Meetings:** 8 in total, once a month, always from 9:00 to 11:00 a.m.

Are you interested in professional and personal development for yourself or as an employee benefit for your company? The Business Leaders Forum (BLF) offers the Lean In Middle development programme for women in middle management positions. The programme is based on Stanford University's Lean In methodology and aims to enable women to support one another to succeed in their careers and personal lives.

Facilitated discussions in a closed group of up to 10 women from different companies and industries will focus on the individual development goals of each participant under the guidance of an experienced trainer. After completing the programme, the women become part of the Lean In Alumni Network, now numbering over 300 women, for whom regular inspirational and networking meetings are organised. For more information contact: [leanin@blf.cz](mailto:leanin@blf.cz).

Price: **CZK 30,000** + VAT.

(With the discount code "Brumlovka" you can receive a **20% discount** )

Bookings: [leanin@blf.cz](mailto:leanin@blf.cz) or fill in the non-binding application [form HERE](#)





Building B

## Visit Zrno Zrnko for a Nanook ice cream

The handmade Nanooks at Zrno Zrnko contain no colourings, thickeners, palm oil or preservatives, so they retain their natural taste.

They're also gluten-free and the fruit variants contain at least 93% fruit, making them suitable for vegans and lactose intolerant people. Flavours include **strawberry, poppyseed, vanilla, pistachio, mango, blackcurrant, pineapple and yoghurt**. Summer limited editions include raspberry, dragon fruit and coconut. Come and give them a try!



Building B

# Looking for a shirt that doesn't wrinkle and doesn't need ironing?

Anthony's is the place for you!

Anthony's offers a fine collection of 100% premium cotton non-iron shirts. They're available in 30 sizes, so you're sure to find the right one for you. In addition, as they're non-iron, the shirts don't wrinkle and there's no need to pull out the ironing board.

Just wash them at 30°C, spin them at 600 rpm and dry them on a hanger after washing. When dry, the shirt looks beautifully pressed and is ready to wear.

ANTHONY'S  
/ LONDON

**NON-IRON**

už žádné žehlení



ANTHONY'S

## SUPER AKCE v AC STORE

K PROGRAMU

# A4

- bezkontaktní mytí karoserie aktivní párou obchůdkovou vodu
- speciální odstraňovač povrchových znečištění lepeny
- speciální šamponování
- grafit a el. vytváření karoserie včetně grafitu a vnitřních tvůrčích částí
- nálož vyčištěné dílů kol a ošetření vnějších bodů prahu
- vyžádání interiéru včetně zavazadlového prostoru
- detailní a kompletní vnitřní a vnější detaily plastových částí
- vyčištění oken a zrcátek
- impregnace karoserie
- karbidwax a ochrana laku karoserie s UV filtrem
- provedení interiéru
- impregnace koberečků a sedadel molovou cestou

RUČNÍ APLIKACE  
GRAFENOVÉHO VOSKU



DEZINFEKCE KLIMATIZACE  
GREEN LEMON



za neuvěřitelnou cenu 2.950,-kč  
ušetříte 2.500,-kč

Brumlovka

## Collection Car Wash: Super summer events

The Collection Car Wash, a car cosmetic centre that offers detailing and care for your car, has come up with an interesting special offer. The A4 programme now lets you manually apply graphene wax and add Green Lemon disinfectant to your air-conditioning system - all for a discounted price of CZK 2,950! This means you save a total of CZK 2,500.

The Collection Car Wash specialises in complete car cleaning services, hand washing, waxing and body paint restoration with Sonax, Fraber and 3M car cosmetics, leather impregnation and treatment, and interior cleaning, all exclusively by trained staff. The work is always down to the finest detail.

Filadelfie Building

# Make your holiday preparations easy with We Hate Ironing

Getting your clothes ready for your next holiday has never been easier. Thanks to online dry-cleaning services, you can leave the washing and ironing to others.

At We Hate Ironing they even fold your clothes neatly into practical recycled bags, so all you have to do is pack them in your suitcase and hit the road. If you don't want your laundry to be hung on a hanger as they usually do, just note it in your order. **The laundry folding service is completely free of charge.**

 WE HATE IRONING





Filadelfie Building

# dm: summer essentials all in one place

With the nice weather finally here, it's time for those outdoor parties and barbecues, and at dm, customers can find everything they need in one place - from organic veggie products to stylish dining essentials.

However, it's also important to make sure you protect yourself from the sun when you're outside, by wearing sunglasses, SPF fluids, sprays, creams and lip balms. The dm store offers tanning lotions and creams as well as a wide range of self-tanning products and after-sun care. Insect repellents and emulsions are also a good idea for when you plan to spend time by the water and out in the countryside.

Those going on holiday will find that dm's miniature shampoos, solid soaps, intimate hygiene products and light snacks come in really handy. In summer, as throughout the year, it's important to keep topping up those essential vitamins and minerals, with the shop offering a range for customers to choose from. All in all, dm has something for everyone.

