



# TRHY NA NÁMĚSTÍ BRUMLOVKA



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DEVELOPED BY  
**PASSERINVEST**

Organizátor akce, společnost PASSERINVEST GROUP, a.s., bude na této akci pořizovat fotografický a audiovizuální záznam.

Brumlovka Square

## Brumlovka Square markets

**WHEN:** Tuesday, 3 March from 7:30 a.m.

**WHERE:** Brumlovka Square

Stop by to buy fresh breads, vegetables, fruits, flowers, cheese, meat and seasonal products at regular Brumlovka markets. **They will start on 3 March and will be open from 7:30 a.m. to 2:00 p.m.**

The markets will take place every other week on Tuesday (3 March, 17 March, 31 March, 14 April, 28 April, 12 May, 26 May, 9 June, 23 June and so on 😊).

We look forward to seeing you there!



BB Centrum

# Spring is coming... it is time to go for a run again!

**WHEN:** every Tuesday (starting on 3 March 2020) from 5:30 to 6:30 p.m.

**WHERE:** reception of the Beta Building

The popular regular runs around the BB Center return after the winter break. We would like to invite you to evening runs with running enthusiasts – experts and non-experts – **every Tuesday (starting on 3 March 2020) from 5:30 to 6:30 p.m.**

Come in your jogging outfit to the reception of the Beta Building (the entrance behind Costa Coffee, Vyskočilova 1481/4) at 5:20 p.m.

The run is cancelled if the weather is bad – please follow BB Center Facebook for updated information.



# PRAVIDELNÉ BĚHY V OKOLÍ BB CENTRA



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# KÁVOVÝ CUPPING

## ANEB OCHUTNÁVKA KÁVY



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Brumlovka Building

## WORKSHOP: Coffee cupping, or coffee tasting

**WHEN:** 4 March, 6:00 – 8:00 p.m.

**WHERE:** Coffee Perk, Brumlovka Building

**ADMISSION:** 290 CZK

Do you love coffee? We do... we love to prepare it, sip it, talk about it and taste its different flavors.

Since we believe that we are not the only ones, we have decided to organize the first cupping, or tasting coffee at the BB Center. Come to experience the original, and above all, fragrant process, during which you will explore different scents, aromas, tastes and other aspects that will help you to better recognize and evaluate coffee.

The Coffee Perk baristas have prepared for you a selection of coffee from all over the world – just make a reservation.

The number of seats is limited, reservations can be made by e-mail at:

[marika.duchonova@passerinvest.cz](mailto:marika.duchonova@passerinvest.cz)



BBCENTRUM

Filadelfie Building

# Traveler's evening: The best of Hawaiian Islands

**WHEN:** Wednesday, 11 March, from 5:30 p.m.

**WHERE:** Sommellerie (Filadelfie shopping mall)

These Pacific islands have been surrounded by many myths since long ago and today travelers and tourists from all over the world come to see their natural beauty and to enjoy different types of experience. Coral reefs, smoldering volcanoes, lava running down the mountainside into the ocean, rainforests and traditional Hawaiian culture are just a few of the things you can see and experience there.

During the presentation we will visit four Hawaiian Islands - Oahu, Maui, Big Island and Kauai. So, if you are planning to visit the Hawaiian Islands, you will get lots of practical advice and recommendations for your trip.

**Presentation and screening by Jaroslav Bouzek. Free admission.**



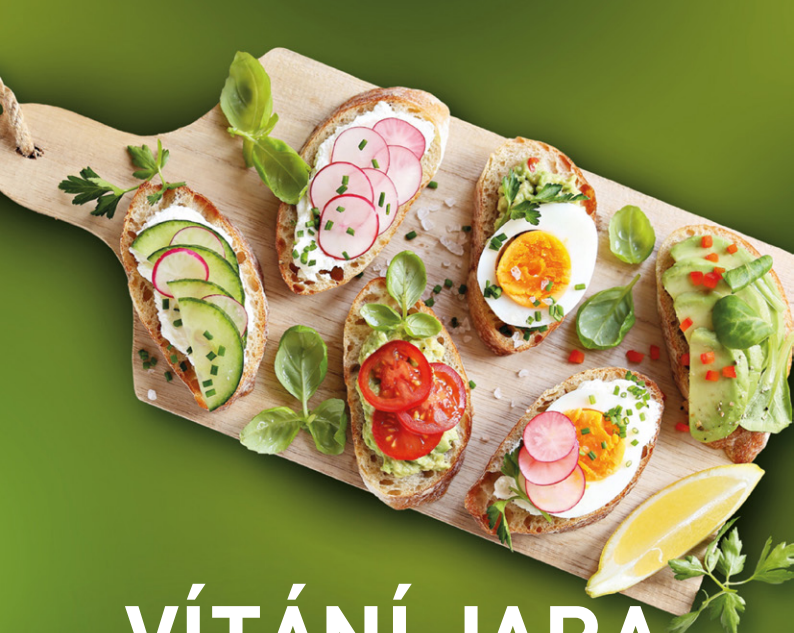
# TRAVELER'S EVENING



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# VÍTÁNÍ JARA NA NÁMĚSTÍ BRUMLOVKA



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Brumlovka Square

## Welcoming Spring at the Brumlovka Square

**WHEN:** Thursday, 12 March, from 11:00 a.m. to 3:00 p.m.

**WHERE:** Brumlovka Square at BB Center (Vyskočilova 1100/2, Prague 4)

The winter has not yet shown its true power and the spring is already here!  
Come with us to celebrate his coming.

We would like to cordially invite you to the Brumlovka Square to taste  
a variety of fresh goodies, such as spring lemonades, homemade  
marmalades or delicious homemade pastries. You can also look forward to  
seasonal fruits and vegetables.

There will be a musical performance in the morning.



BB CENTRUM

Brumlovka Building

# WORKSHOP: homeless people, the way out

**WHEN:** Tuesday, 17 March, from 5:30 p.m.

**WHERE:** Coffee Perk, Brumlovka Building

**ADMISSION:** 100 CZK


Salvation Army Director Přemysl Kramerius will talk about very sensitive topics:

- How does one become homeless?
- What can a homeless person do?
- What is the way out?

The admission will be donated to the **NOCLEŽENKA (ACCOMMODATION)** (for more information, go to [noclezenka.cz](http://noclezenka.cz)). Nocleženka is a 100 CZK voucher that will allow one homeless person to spend one night inside.



# WORKSHOP: HOMELESS PEOPLE, THE WAY OUT

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Brumlovka Building

# Coffee Perk: Fun after work!

In addition to excellent coffee and even better refreshments, Coffee Perk prepares for you regular monthly events called "fun after work," which are tasting evenings full of great drinks and food.

They started with the tasting of fine rums and will continue in March with coffee cupping, where you can taste many types of coffee from the La Boheme Café roasting plant. Coming up is e.g. the tasting of fine whiskey. Once the weather gets warm and we open our terrace, you will be able to taste e.g. tapas or prosecco.

**Coffee Perk looks forward to seeing you there!**



Brumlovka Building

# NovusOptik: brings a new generation of self-tinting lenses

In Novus Optik, you can look forward to a new selection of **self-tinting lenses Transitions Signature 8** that are suitable for everyday wear and that quickly respond to changing light intensity.

Thanks to the unique Chromea7™ technology, these lenses instantly adapt to any light intensity and temperature and very quickly brighten when you step inside. They will tint and de-tint **up to 70% faster** than the currently available lenses.



Transitions  
Signature GEN8





Bethany Community Center

## The Bethany Community Center invites you to a seminar

The seminar will take place on 25 March at 6:00 p.m. and will cover the following topics:

- stress and weight reduction
- how to put together an individualized menu? (examples)
- body detox
- how to improve your sleep quality?

**During the seminar, you will learn the following:**

Basic anti-stress rules. How to achieve inner peace?  
What is resting and what is not resting? Stress and sleep quality.  
Basic types of menu for weight reduction and body wellness.  
How to achieve deep regenerative sleep phases?  
A detox program that uses commonly available ingredients

**Speaker:**

Daniel Dvořák, DiS.  
Barbora Kosinová

Building D

# Program Health Plus: A new doctor's office for businesses

A new branch of the Health Plus Program outpatient facility, which provides health services for businesses, opened in Building D at the beginning of this year. Two modern doctor's offices provide comprehensive healthcare - prevention, diagnostics, treatment, medical consultations and occupational health services.

Employees are provided healthcare by a personal doctor, an internist with double attestation, and have access to more than 20 medical specializations at the Health Plus Program outpatient facility. Healthcare can be set up according to the needs of the specific business, including above-standard services such as healthcare provided for the families of employees. Businesses can also use eHealth in the HealthPlus application. [For more information, go to \[www.programhplus.cz\]\(http://www.programhplus.cz\).](http://www.programhplus.cz)



PROGRAM HEALTH PLUS





Brumlovka Building

## Romantika Flowers in the Brumlovka Building would like to invite you to Friday “Happy Hours”

The flower shop in the Brumlovka shopping mall now provides a **50% discount on all flowers** available in the flower shop on Friday after 4:00 pm.

Take advantage of Friday Happy Hours, let flowers freshen your weekend and make yourself or someone close to you happy!

