

Budova B

# The new FLEKSI space at the BB Centrum

Flexible offices and a space for coworking will be offered at Brumlovka soon. A new, unique space will be opened in November this year under the name of FLEKSI, where everyone can find their "FLEK" (spot). As well as the expected offer of workstations in the coworking area and private offices it will also offer short and long-term use of meeting rooms, event space for workshops, conferences, or corporate parties.

The modern, high-tech FLEKSI space, of an area of 3,000 m² on 3 above-ground floors, is just being created in the newly renovated Budova B on Vyskočilova street, the project investor is the Passerinvest Group.







## Traveller's evening: Madeira – an island of unlimited choices

WHEN: Wednesday, July 14, from 5:30 pm

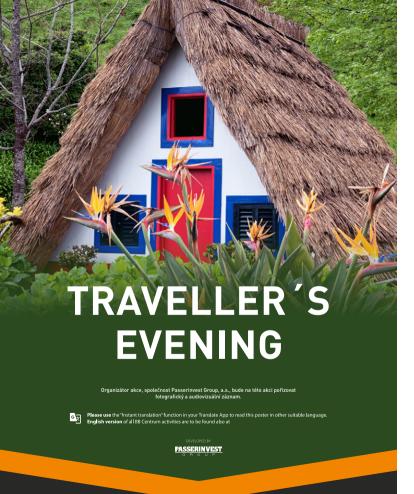
WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

Traveller, photographer and guide Jana Troupová has visited more than sixty countries worldwide. When the pandemic took most of her work away, she moved to Madeira with her whole family. They spent last autumn, part of winter and spring there and will return again in August.

Why? Excellent mountain hiking in the central part of the island, wonderful treks on the plateau to the west, unique walks along the levadas (irrigation canals) into the dense forests, to unbelievable waterfalls, ravines, or canyons. Bathing in the sea or in ingenious lava pools practically every day. Trips above the clouds or under the surface of the sea to see whales. Basically an island of unlimited choices....

The event will take place in compliance with valid government measures.





## Dance lesson at Brumlovka

WHEN: Wednesday, July 21, from 7:00 pm, dance floor from 8:00 pm

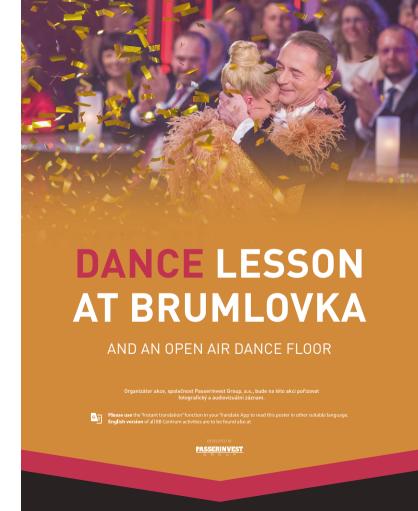
WHERE: Brumlovka Square, Vyskočilova 1100/2

Cuban CHACHA belongs to summer and will be another dance in the lesson programme on Náměstí Brumlovka. We can expect a short choreography, which absolutely everyone will be able to manage. So get rid of any inhibitions, surrender to the catchy rhythms and enjoy a dance evening full of joy and fun.

The dance teacher is Lenka Nora Návorková, a multiple-time Czech champion in Latin American dance, the winner of StarDance 2018 and a participant in another series of this popular television competition.

The dance floor on Brumlovka Square will be freely accessible to everyone after the dance lesson, thus it will be transformed into an open air dance floor. DJ Honza Mikulecký will play Latin American rhythms and modern songs until 10:00 pm. Wonderful beverages and mixed drinks will be provided by the Sommellerie. No reservation required. The dancing lessons at Brumlovka will not be held in the event of bad weather. You can find up-to-date information on the BB Centrum **FB profile**. The event will take place in compliance with valid government measures.







### Online Webcast: Brumlovka Talks

WHEN: Wednesday, July 28, from 6:00 pm

WHERE: BB Centrum FB page

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

#### This month: Martina Zimmermann

Martina Zimmermann is an experienced marketing manager with 12 years of experience in the automotive sector, who took on the post of Marketing Manager at ŠKODA AUTO Česká republika on April 1, 2021. Martina Zimmermann graduated in the field of Corporate Economics and Management at the University of Economics and she launched her professional career with the Czech importer of Volkswagen group marques. She worked there in various positions for 9 years, 4 of those as the Marketing Manager of the Volkswagen passenger car division. For the last two years, she has been a member of the ŠKODA AUTO Česká republika marketing team, which she now leads. Her hobbies include her 18-month old daughter Tina, design, golf, and skiing in winter.

The talk show will be hosted by Eduard Forejt.





Accept our invitation to our sports classes, which we organise for you regularly and completely free of charge.

#### RUNNING LESSONS WITH PUMA

WHEN: every Tuesday from 5:30 pm,

WHERE: meeting at 5:20 pm at the reception of the Beta building,
Vvskočilova 1481/4

Running lessons are led in two groups for beginners and already experienced runners by instructors and bloggers from running2.cz Soña Hrabec Kotulová and Michal Hrabec.

#### YOGA FOR SENIORS

WHEN: every Wednesday from 10:30 am WHERE: Brumlovka Park, Za Brumlovkou St.

Medical exercises with regard to the health restrictions of the age group with Šárka Furda. Own exercise mat required.

#### YOGA FOR EVERYONE

WHEN: every Thursday from 7:00 am
WHERE: Brumlovka Park, Za Brumlovkou St.

A classic yoga lesson for beginners and advanced students of all ages with Daniela Bacíková. Own exercise mat required.

No reservation required. Yoga lessons will not be held in the event of bad weather. The running lessons shall take place regardless of the weather. You can find up-to-date information on the BB Centrum FB profile.

The lessons will take place in compliance with valid government measures.





## **REGULAR**SPORTS ACTIVITIES

AT BRUMLOVKA

Audio-visual recording and photography will be taken by the organizer of the even Passerinvest Group, a.s.

PASSERINVES



LTC 1927 Tennis Courts

## Brumlovka Tennis Cup 2021

WHEN: Sunday, July 25, registration at 9:00 am, start at 9:30 am
WHERE: LTC 1927 Tennis Courts, Praha – Michle, Vyskočilova 944/6
(entrance from Hodonínská St.)

Balance Club Brumlovka is organizing the 13th year of the doubles tennis tournament Brumlovka Tennis Cup - in cooperation with the Passerinvest Group. Refreshments will be provided during the event and the winners will receive valuable prizes. The tournament is intended for unregistered players, for a total of 32 double teams, and is a doubles tennis tournament.

With regard to the limited capacity, please confirm your participation by July 19 by sending an e-mail to info@balanceclub.cz.

The event will take place in compliance with valid government measures.



# Summer day camp full of sports and programming at Brumlovka

ČEZ in cooperation with CODE Rebels, an agency that introduces children to the world of modern technologies, is organizing a day camp at the Bethany Community Center from August 23 till August 27. The camp is suitable for children aged from 6 to 16 years.

The children will be divided by age and skills and will acquire an overview of and knowledge in the field of technologies, learn to work in the environment of graphic and text programming languages such as Scratch, or learn how to model a 3D object in TinkerCad. This means they will be a step ahead of the others. Lessons are complemented by outdoor sports activities, such as basketball, dodge-ball, capture the flag, Olympics or walks in the surrounding area.

The price of CZK 4,280 includes an extensive week-long programme, drinks and meals, including lunch and snacks, and the gift of a CODE Rebels t-shirt.

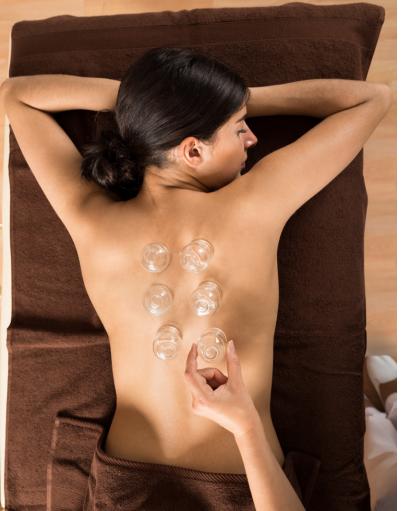
You can find more information and the registration form for the camp at coderebels.cz











Brumlovka

### Luxury massages and body rituals at Balance Club Brumlovka

Become a member of Balance Club Brumlovka and enjoy being pampered with the luxury massages and body rituals that Balance Club Brumlovka offers its members. You can choose from several types of massage and body ritual, with natural cosmetics from the Spanish Algvimia brand.

Children's massages, which have recently become very popular, are a new addition to our range of services. You can make an appointment for a massage for your children when the regular children's swimming lessons take place. In addition to the permanent range of services, members of Balance Club Brumlovka can also enjoy a special massage of the month, which is Cupping by spa therapist Wael Zahran in July. So don't hesitate and enjoy some real pampering at the Balance Club Brumlovka spa.

Employees of companies with offices in the BB Centrum and BB Centrum Klub Members are offered a membership at Balance Club Brumlovka for a discount. For more information contact the Client Centre at +420 234 749 811 or info@balanceclub.cz



### **Body Express:**

# Modern technologies work instead of you

Unique, once-weekly 20-minute training sessions are finally available again in the Filadelfie building following the end of lockdown.

What can you expect at the Body Express studio? During the first session they define your goals, they will precisely configure your individual values for activation of your body and will plan the time of your regular training session in one of the following programmes: START THE CHANGE / IN GREAT SHAPE / STILL IN SHAPE. The initial session will not take longer than one hour. And then the individual sessions are finished within half an hour. This means you can fit them in during your lunch break once a week.

EMS (electromyostimulation) is the fastest way of getting your body into shape, breaking down any excess fat reserves and eliminating back pain. The most effective EMS method can be found at Body Express. No unnecessary movement, with maximum effect.

Don't forget to make use of our special summer prices! Reserve your first EMS session at www.bodyexpress.cz







Budova A

# Perfect Canteen MONETA Money Bank open to the public again

The professional team at Perfect Canteen makes Czech classics and specialities from around the world every day. Its menu is truly extensive, you can choose from soups, several main meal options, always including a vegetarian option, large Asian soups, packaged salads and sweet and savoury snacks. The speciality at Perfect Canteen is their à la carte menu with fresh pasta, burgers, as well as steaks and many other dishes.

Perfect Canteen MONETA Money Bank

- Monday Friday 8:00 am 4:00 pm
- Breakfast: 8:00 am 10:30 am.
- Lunch: 11:00 am 2:30 pm



Filadelfie & Alpha

## PuzzleSalads invites you to enjoy a summer "bowl"

The staff at PuzzleSalads have prepared two new seasonal salads for you. One is the Turkey & Melon noodle bowl, which consists of rice noodles, iceberg lettuce with herbs, shredded chicken with melon salad and is seasoned with Yamasa dressing.

The other is the Hummus bowl and, as the name indicates, you can look forwards to hummus, iceberg lettuce, falafel, spicy chickpeas, salsa fresca, marinated olives, rocket, feta cheese and cayenne pepper, all topped off with lemon oil with parsley. They also plan on including cherries, chard and peas in July.

Summer as it should be with PuzzleSalads.







Beta

# The seasonal menu at UGO will flood you with summer love

The new season is coming to UGO Freshbar along with the astronomical summer. And it is full of summer flavours and favourites. Orange flirts with juicy melon and mango adds some passion to the drinks this year.

You can also look forward to the following combinations of drinks:

- melon, strawberries, mint and lemon
- mango, melon and orange
- pineapple, lemon and melon

And if you are in a hurry to enjoy the summer day outside, you can grab a chicken or salmon poke bowl.

The ladies from UGO wish you bon appetit :-)



Filadelfie

#### A breath of air from sunny Italy, Spain or Argentina has arrived at the Sommellerie

The time has finally come and we can enjoy some warm summer days here too. And Italian and Spanish cuisine or specialities from Argentina are an essential element of these summer days.

Would you like high-quality olive oil or olives produced by Galantino, marinated dried tomatoes, basil pesto, artichokes, marinated porcini mushrooms or aglio olio, jamon Serrano gran reserva or pork fillet from Argentina?

The staff at the Sommellerie will be happy to prepare an assortment full of Italian and Spanish specialities, salamis, cheese, all depending on your choice and budget, for a perfect summer party at your home, for an afternoon siesta at Baar Park or at your company's offices. Simply find somewhere comfortable to sit, unpack the basket and open the beautifully chilled bottle of Prosecco or excellently balanced Malbec.

The Sommellerie wishes you bon appetit and offers a toast to your health.







Filadelfie

# Two icy new products from Tlap's Coffee

Make a hot summer at Brumlovka more pleasant at Tlap's Coffee. The affogato, an Italian beverage, which combines espresso with vanilla ice cream, has joined the iced coffees on the menu. Come and see how perfect the combination of exclusive coffee and vanilla ice cream from a famous Czech craft ice cream maker is.

The other new product is the range of excellent Fresca Paleta ice lollies. At Tlap's Coffee, you can taste several flavours – raspberry and strawberry sorbets contain up to 70% fruit, and coconut contains the maximum possible amount of coconut milk and grated coconut, which means that these three flavours are vegan. And of course, Tlap's coffee also offer creamy vanilla or honest chocolate lolly flavours.

Now you know where to go on a hot summer day.



Filadelfie

### We Hate Ironing: You can now order laundry services on-line

During lockdown we got used to ordering everything on-line — we order food and meals using mobile applications. Then we simply wait in the comfort of our own home for the courier to knock on our door. You can now also order laundry-cleaning services in the same way. Thanks to the We Hate Ironing Company you can simply place an order for what you need to clean, wash or iron, the company's courier collects your laundry and returns it, clean and fragrant, within 14 hours.

"We always try to offer something more. Our drivers will be happy to take your laundry all the way up to the fifth floor with a smile and we also consider the environment," one of the owners Jan Kmoch describes. The company has 80 trees planted every month in the forests at Jíloviště u Prahy.









**LETNÍ INSPIRACE** KOLEKCE VENEZIA





Filadelfie

# JK Jitka Kudláčková presents the Venezia collection

The Czech goldsmith's family company JK Jitka Kudláčková offers jewellery for every occasion. Be amazed, just like JK, by the beauty and variety of distant places, the sun and peace that permeate the Venezia collection. The secret corners of Venice were the inspiration behind the creation of this delicate, precisely executed and embellished collection. Treat yourself or those close to you to a touch of summer in the form of some jewellery.

JK's professional sales assistants will be happy to help you with your choice at the shop, or by telephone, e-mail or on-line.



Brumlovka

# arena 2021 beach collection

Discover the new Arena 2021 beach collection at the brand store at Brumlovka. New modern patterns, quick-drying, sustainable fabrics and a large choice of colours. For men and women.

You can view the collection in advance on the e-shop, order and collect at the shop. It's so simple.

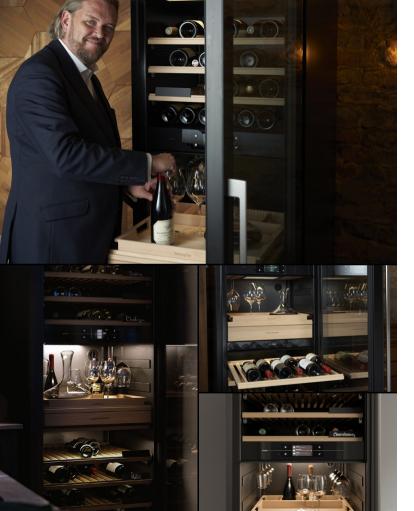
#### arena Brumlovka

- Monday Friday 10:00 am 7:00 pm
- Saturday 10:00 am 4:00 pm









#### ASKO wine cooler: The perfect climate for the enjoyment of high-quality wine

Are you considering purchasing a wine cooler? This luxury wine cooler from the premium Scandinavian ASKO brand of home and professional appliances is now available on the Czech market.

It will provide the perfect climate for storing and ageing up to 190 bottles of wine and a special space for preparing wine and glasses before serving. And you can use the Vivino mobile application and a number of practical functions and tips to manage your collection or enjoy this royal beverage in the best way possible. This wine cooler was awarded the highest possible prestigious iF GOLD AWARD, as one of the most interesting innovations of 2021, with an admirable balance between exceptionally precise craftwork and advanced technology.

The simple design of the wine cooler, with glass doors and variable LED mood lighting, can be seen at the newly opened ASKO Showroom in the Beta building.



Maranatha

# Evolution's Achilles' Heels

Many people believe that the universe, the Earth and all life in it are the result of uncontrolled natural processes, that have been taking place for billions of years.

And despite the omnipresent glorification of the evolutionary world opinion, not all scientists agree that evolution is a scientifically valid explanation of our origins. On the contrary, there are increasing numbers of those who come to very different conclusions after examining the available facts and theories. These were written up and reviewed by qualified scientists in the field of 8 key areas, including fossils, genetics or natural origin for instance, who offer us a unique opportunity to view the world of modern science and critical thinking.

English edition is available at the **Maranatha e-shop** as the Achillovy paty evoluce movie on DVD.



