



## Oman – an Exotic Sultanate



Please use the "Instant translation" function in your Translate App to read this poster in other suitable language. English version of all Brumlovka activities are to be found also at [brumlovka.cz](https://brumlovka.cz).

Passerinvest

Filadelfie Building

# Travel Evening: Oman – an Exotic Sultanate

**When:** Wednesday, 2 April, from 5:30 p.m.

**Where:** Filadelfie Building shopping arcade, Želetavská 1525/1

**Speaker:** Václav Bacovský

In Oman, we can find vast deserts with wild camels, high mountains and deep canyons, villages surrounded by palm groves, as well as cities where modern architecture stands alongside ancient forts and markets.

Oman is a country where ancient traditions and the modern age come together. Under the rule of the enlightened Sultan Qaboos, Oman has taken a giant step forward in the last fifty years, from one of the most backward to one of the fastest developing countries in the world. Despite its growing wealth, it is still a country of friendly, hospitable and tolerant people. On the beautiful beaches, we still encounter more giant sea turtles than bathing tourists, who are just beginning to discover Oman.

Join us in exploring this incense-scented land.

Brumlovka.

Brumlovka Building

# Dating for travel enthusiasts

**When:** Thursday, 3 April, from 6:00 and 8:00 p.m.

**Where:** Coffee Perk, Brumlovka Building, Vyskočilova 1100/2

Do you like travelling and are you currently single? We invite you to a relaxed conversational evening with people who are on the same wavelength. On Thursday, 3 April, we're organising a quick date for anyone who'd like to meet a sporty partner or a friend. The presenter will guide you through the whole evening, so there will be no time for nerves, stage fright or awkward moments of silence. Within an hour and a half, you'll get to know all your counterparts and will be able to decide discreetly with whom to exchange contact information at the end of the evening. **Try your luck and sign up!**



6:00–8:00 p.m.  
Thursday, 3 April  
CZ



8:00–10:00 p.m.  
Thursday, 3 April  
CZ

If this month's theme doesn't fit what you like, your preferences or age, check out the organising agency's page at [www.seznamovacivecer.cz](http://www.seznamovacivecer.cz), where you'll find a wide range of dating nights.

**Brumlovka.**

Dating.

SEZNAMKA  
ŽWAKOVI



# Dating for travel enthusiasts



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Talk.



## Talk: Muscle Has Different Energy Than Fat



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Passerinvest

Building B

## Talk: Muscle Has Different Energy Than Fat

**When:** Monday, 7 April, from 6:00 p.m.

**Where:** FLEKSI, Building B, Vyskočilova 1422/1a

**Speaker:** **Gabriela Končítíková** (Tomáš Baťa Foundation)

How we feel in our body directly influences our approach to life - and therefore to work. When the Baťa corporate culture began to change under the influence of this idea of Tomáš Baťa, it wasn't just about a person's appearance. The emphasis was on a truly healthy and harmonious body, one that the individual can take responsible care of.

Tomáš Baťa believed that the key to running a successful company is a person's ability to manage their own body - to take care of it and provide it with everything it needs. According to Tomáš Baťa, the mind and soul reside in the body, but in order to fulfil their role, they have to reside in a body that is cared for. Baťa was aware that most people were not taught to take care of their bodies with real understanding. What lessons can we learn from Baťa's approach today? Our talk entitled „Muscle Has Different Energy Than Fat“ will tell you more about this.

Admission for the public: **CZK 150 / person** (payment in cash at the venue)

Free of charge for Balance Club Brumlovka and FLEKSI members.

Registration: [rezervace@balanceclub.cz](mailto:rezervace@balanceclub.cz)

**Brumlovka.**

Building B

# Talk: Nutrition without the Myths

**When:** Tuesday, 8 April, from 6:00 p.m.

**Where:** FLEKSI, Building B, Vyskočilova 1422/1a

**Speaker:** Ing. Lukáš Roubík

Do you want to finally make sense of the chaos of nutrition-related information? Come along to our talk where we present scientifically based information in a clear and entertaining way:

- How to distinguish facts from myths?
- What role do the media and celebrities play?
- What are the pillars of a healthy lifestyle?
- What is really important for health, fitness and performance?

From gluten to milk... we go through the most common myths and offer practical tips for a healthier lifestyle. We'll leave space for your questions at the end.

Admission for the public: **CZK 150 / person** (payment in cash at the venue)

Free of charge for Balance Club Brumlovka and FLEKSI members.

Registration: [rezervace@balanceclub.cz](mailto:rezervace@balanceclub.cz)

**Brumlovka.**

Talk.



## Nutrition without the Myths



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Dance Lessons.



## Dance Lessons at Brumlovka



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Filadelfie Building

## Dance Lessons at Brumlovka

**When:** Wednesday, 9 April, from 7:00 p.m.

**Where:** Filadelfie Building shopping arcade, Želetavská 1525/1

**Come and dance with us for free under the tutelage of Lenka Nora Návorková** – multiple Champion of the Czech Republic in Latin American dance and winner of the StarDance television competition.

Our next dance lesson is all about JIVE - the fastest of Latin American dances. It's a mixture of many styles of music and dance and you'll be able to try some of them during the lesson. Come and dance the jive, a lively dance that will fill you with energy. We're sure you'll enjoy the class, whether you come on your own or as a couple.

Come along and get dancing at Brumlovka. We look forward to your visit!

**Brumlovka**

Filadelfie Building

# Workshop: Easter Wreath

**When:** Thursday, 10 April, from 5:30–8:00 p.m.

**Where:** Roast & Grill Bistro, Filadelfie Building shopping arcade  
Želetavská 1525/1

Come and make your own Easter wreath to use as the perfect decoration for your door or festive table. We'll help you make it and give you hints and tips on how to embellish the wreath. The price of the workshop includes a welcome drink, wicker body, natural materials, Easter decorations, florist materials and loan of working tools.

Price: **CZK 790 / person** (payment at the venue in cash)

Capacity: **8–15 people**

Registration: [marika.duchonova@passerinvest.cz](mailto:marika.duchonova@passerinvest.cz)

**Brumlovka.**

**Workshop.**



## Easter Wreath



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**Passerinvest**

Talk.



## Inspirational talk with Jiří Ježek



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Passerinvest

Building B

## Inspirational talk with Jiří Ježek

**When:** Thursday, 10 April, from 6:00 p.m.

**Where:** FLEKSI, Building B, Vyskočilova 1422/1a

We invite you to a unique discussion with the most successful Czech Paralympic cyclist, who has overcome life's obstacles to become a multiple world champion and Olympic champion.

- How did he cope with his fateful loss?
- What motivated him to achieve peak performance?
- How does he face new challenges in his professional and personal life?

Come and listen to an inspiring story about determination, willpower and optimism in life.

Admission for the public: **CZK 150 / person** (payment in cash at the venue)

Free of charge for Balance Club Brumlovka and FLEKSI members.

Registration: [rezervace@balancedclub.cz](mailto:rezervace@balancedclub.cz)

**Brumlovka.**

Building B

# Beauty Workshop

The biggest skin care and make-up mistakes.  
Do you make them too?

**When:** Wednesday, 16 April, from 6:00 p.m.

**Where:** FLEKSI, Building B, Vyskočilova 1422/1a

**Lecturer:** Soňa Hrabec Kotulková

No one learned fell from heaven and we all make mistakes. But in a beauty routine, these little „slip-ups“ can mean big problems for your skin or allergies. Want to have beautiful, radiant skin and always look fresh and perfect?

Cosmetics editor and beauty expert Soňa Hrabec Kotulková tells you what to avoid in your skincare and makeup routine and how to do everything right.

Admission: **CZK 150 / person** (payment at the venue in cash/by card)

Registration: [marika.duchonova@passerinvest.cz](mailto:marika.duchonova@passerinvest.cz)

**Brumlovka.**

**Workshop.**



## The biggest skin care and make-up mistakes



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**Passerinvest**



Jumble sale.



**Our jumble sale  
is back in Brumlovka**



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Building B

## **Our jumble sale is back in Brumlovka**

Hunt down some new gear for your wardrobe  
at great prices!

**When:** Thursday, 24 April, from 08:30 a.m. to 7:00 p.m.

**Where:** FLEKSI, Building B, Vyskočilova 1422/1a

Come and buy yourself some amazing gear for next to nothing! Top brands, seasonal and vintage clothing, shoes and accessories. We have something for everyone, so welcome spring in a new outfit.

We look forward to your visit!

**Brumlovka.**

Building B

# Workshop: Women's Health

**When:** Tuesday, 29 April, from 6:00 p.m.

**Where:** FLEKSI, Building B, Vyskočilova 1422/1a

How to prevent and detect serious diseases such as breast or cervical cancer? Why should women take care of their hearts and how do heart attacks and strokes affect them? We'll be answering this question and more during our Women's Health workshop. You'll also learn about the prevention and treatment of female infertility and taboo topics such as incontinence and sexually transmitted diseases.

It's recommended to set aside 90 minutes for the workshop (70 minutes for the theoretical part + 20 minutes for the practical part and questions).

Admission for the public: **CZK 150 / person** (payment in cash at the venue)

Free of charge for Balance Club Brumlovka and FLEKSI members.

Registration: [marika.duchonova@passerinvest.cz](mailto:marika.duchonova@passerinvest.cz)

**Brumlovka.**

**Workshop.**

*loono*



# Women's Health



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**Passerinvest**

Talkshow.

## Jiří Maláček



Brumlovka

## Talks from Brumlovka

**When:** Wednesday, 30 April, from 6:00 p.m.

**Where:** première online on the **Brumlovka FB profile**

Every month, we invite people, who we feel have something to say and whose professional or personal life is somehow associated with Brumlovka. We want to seek out inspiration and advice for you, but also to present life's victories and defeats.

**Different person, different topic, but always at Brumlovka.**

**This month:** Jiří Maláček

Jiří Maláček holds a Master's degree in Business and Marketing from Charles University and has held managerial positions in the automotive industry for nearly two decades. After a successful career with Toyota, he joined the Škoda Auto team, where he took over the management of all activities in the Czech market in September 2020.

This position gives him immediate insight into the latest trends such as electromobility, connectivity, services digitalisation and the coming competition from Chinese carmakers.

The interview will be conducted by Eduard Forejt.



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Brumlovka.

Alpha Building

# Exhibition: Feel The Moment

Veronika Manukjan—MANUKJAN ART

**When:** 1–27 April 2025

**Where:** Alpha Building, Vyskočilova 1461/2a

The exhibition presents the fascinating work of Veronika Manukjan, who works with light, structure and symbolism. Her „All White“, „All Black“ and „All Metallic“ collections are a unique play of textures and reflections where light is not just a passive element but an active co-creator. Each work offers a deeper philosophical overlap, connecting the viewer with emotions and nature and inviting them to interpret it for themselves. Let yourself be drawn into a visual world where art becomes a metaphor for life.

Come and get inspired and enjoy an exceptional art experience.

**Brumlovka.**

**Exhibition.**



# Feel The Moment



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**Passerinvest**



Elijáš Primary School

# Enrolment for the 1st class

Pupils can enrol for the 1st class at the Elijáš Christian School on **1 and 2 April 2025** at Baarova Street 360, Prague 4.

Future first graders and their parents can look forward to a quality education and a friendly, stimulating environment. Emphasis is placed on taking an individual approach to the development of each pupil. Classes are taught in smaller groups, allowing teachers to devote their utmost attention to the pupils. The school is built on the joy of knowledge, mutual respect and Christian values.

For more information and registration, visit [www.elijas.cz](http://www.elijas.cz)



Brumlovka Building

# Balance Club Brumlovka invites you to Balance Fest

Get ready for an unforgettable week packed with inspiration and personal development - Balance Fest, held to mark the 18th anniversary of Balance Club Brumlovka, is coming soon! From 7 to 13 April you'll have the unique opportunity to meet some exceptional people presenting new perspectives on movement, health, motivation and life balance.

The motif of the entire festival is the painting *The Dream Catcher* by Pavla Kovaříková, a blind painter and Paralympic cross-country skiing and track medallist. Pavla will share her profound experience with us in the blind meditation session *Encounter with Self*, which will open up a new perspective on how to perceive the world around us and ourselves. Balance Fest is also an opportunity to support *Rozhledna*, an organisation that has been professionally helping people with partial or total vision loss since 2014.

This non-profit organisation offers counselling, tutoring, and experiential programs that bring a deeper understanding of life for the blind. For more information, including the programme and reservations, [please visit HERE](#).

balance  
club  
BRUMLOVKA



Fest  
balance



# Invitation to Nissan Day



Brumlovka Square

## UniCredit Leasing invites you to Nissan Day

A presentation of Nissan cars on Brumlovka Square.

**When:** Wednesday, 9 April, from 9:00 a.m. to 5:00 p.m.

**Where:** Brumlovka Square, Vyskočilova 1100/2

Come and try out the latest Nissan models, which will wow you with their design and state-of-the-art technology. Nissan is one of Japan's leading and largest automotive brands. You can look forward to a presentation of Nissan vehicles, specifically the X-Trail N-Trek / Tekna, Qashqai e-POWER and the Juke HEV N-Sport.

- **X-Trail N-Trek / Tekna** – The latest addition to the electrified crossover family
- **Qashqai e-POWER** – A state-of-the-art SUV with an e-POWER hybrid drive
- **Juke HEV N-Sport** – A sporty-looking compact crossover

Get behind the wheel of the models of your choice and enjoy an unforgettable driving experience! Trained staff will be on hand the whole time to answer any questions you might have.

Join people who share the same passion for sports cars, and [book your ride HERE](#).

**Brumlovka.**

Bethany Community Centre

# Invitation to the Easter service

**When:** Friday, 18 April, from 10:00 a.m.

**Where:** Bethany Community Centre, Za Brumlovkou 1519/4

At 10:00 a.m. on Friday, April 18, 2025, the Elijáš Christian School will be holding an Easter service at the Bethany Community Centre. It will be exceptional not only for its message, but also for the fact that it will be broadcast live on Czech Television. It will be available for viewing on CT2.

On this special occasion, we cordially invite you all to either come along in person or watch the TV broadcast. Pupils, students and teachers of the Elijáš School will be performing at the event. The students and the school chaplain will have a speech, the school founder will say a few words on behalf of the Seventh-day Adventist Church.



VELIKONOČNÍ BOHOSLUŽBA

KŘESŤANSKÉ ŠKOLY ELIJÁŠ

18. DUBEN 2025 10 HODIN

SC BETHANY - ZA BRUMLOVKOU 1519/4, PRAHA 4





Beta Building

# FLEKSI invites you to a workshop: First Aid for Children

A quick and practical demonstration of basic skills.

**When:** Thursday, 24 April, from 4:00–5:30 p.m.

**Where:** FLEKSI, (2nd floor, co-work), Beta Building, Vyskočilova 1481/4

Saving a child's life starts with your response. Learn the basics of first aid from the experts and get the confidence to do the right thing in a crisis.

An interactive lecture on the essential basics of first aid for children led by Lucie Kadlečková from [PRVNÍ POMOC ŽIVĚ \(FIRST AID LIVE\)](#).

## What will you learn?

- Basic rules of first aid when treating children
- Correct resuscitation techniques and clearing the airways
- How to respond to major medical complications in children
- Practical demonstrations and the opportunity to try out different situations

**Free admission.** More information and [registration HERE](#).

**FLEKSI**

Filadelfie Building

# FLEKSI: Classy meeting and conference room

in the iconic Filadelfie Building

This conference and meeting room is located in the stylish FLEKSI Filadelfie Building, offering a classy and comfortable setting for your meeting. Besides the room itself, there is also a stylish lobby with comfortable couches in the foyer, ideal for informal meetings or refreshments during breaks.

- **Capacity:** up to 40 people (theatre arrangement), 25 people (training arrangement)
- **Facilities:** 4 m LED wall, lectern, AV equipment, videoconferencing, sound system, tables under the laptop for training and meetings
- **Space:** separate stylish 60 m<sup>2</sup> room with daylight and blackout (+75 m<sup>2</sup> lobby)
- **Suitable for:** training, meetings, workshops, networking

Hourly rate 2,800 CZK/hour for Brumlovka tenants and FLEKSI members.  
For more information about FLEKSI's event and meeting spaces in Brumlovka, see [www.fleksi.cz](http://www.fleksi.cz)

**FLEKSI**





Building G

## A sweet treat for your office

Introducing La Palačinka, bringing a little joy and comfort to your offices through our pancake catering service.

Whether you're planning a morning meeting, team building, an informal get-together with colleagues, or just want to make your team happy, pancakes are a great choice. They offer both sweet and savoury versions, so everyone can choose something to suit them.

Ordering is easy and fast. Want to know more? Visit their website at [www.lapalacinka.cz](http://www.lapalacinka.cz)

and click on order or email [lapalacinka@catermat.com](mailto:lapalacinka@catermat.com). They'll be happy to provide you with further information and help you choose the best one for your company.

LA  
PALAČINKA  
*- tak chutná všem -*

Brumlovka Building

# Fantasy Nails - new beauty salon in Brumlovka

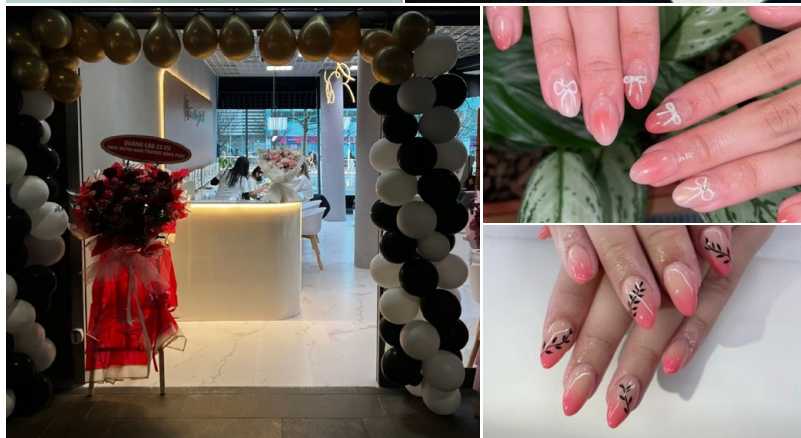
Looking for the perfect care for your nails? A new Fantasy Nails salon has opened in the Brumlovka shopping arcade opposite the Grosseto restaurant. It offers a wide range of services from manicures and pedicures to gel nails and shellac, always with an emphasis on quality and precision.

**Opening special offer: You get 15% discount** on all services for the whole of April.

Make an appointment by calling 775 838 155, take a moment for yourself and let your hands and feet shine. Fantasy Nails looks forward to your visit.

Mon-Fri 9:00 a.m.–8:00 p.m.

Sat-Sun 10:00 a.m.–7:00 p.m.





Brumlovka Building

## Morning soup: A warming start to the new day

Our grandmothers were right - soup is amazing. And now you can enjoy it in the morning, too. The Maranatha vegetarian restaurant now offers „morning“ soup - different every day, always tasty and served with fresh bread. Come along between 8:00 and 11:00 a.m. and enjoy a hearty breakfast for 65 CZK.

And speaking of nutritious and healthy food, it's worth mentioning that Maranatha also cooks with legumes, which are an important part of a healthy diet and go hand in hand with a slimmer waistline and lower blood pressure. You can find them in their side dishes, salads, protein burgers or even in tomato sauce. They're a great source of protein, fibre and other beneficial things that promote health and vitality.

Treat yourself to a tasty and balanced meal made with the finest ingredients and see that the right nutrition gives your body the right fuel.

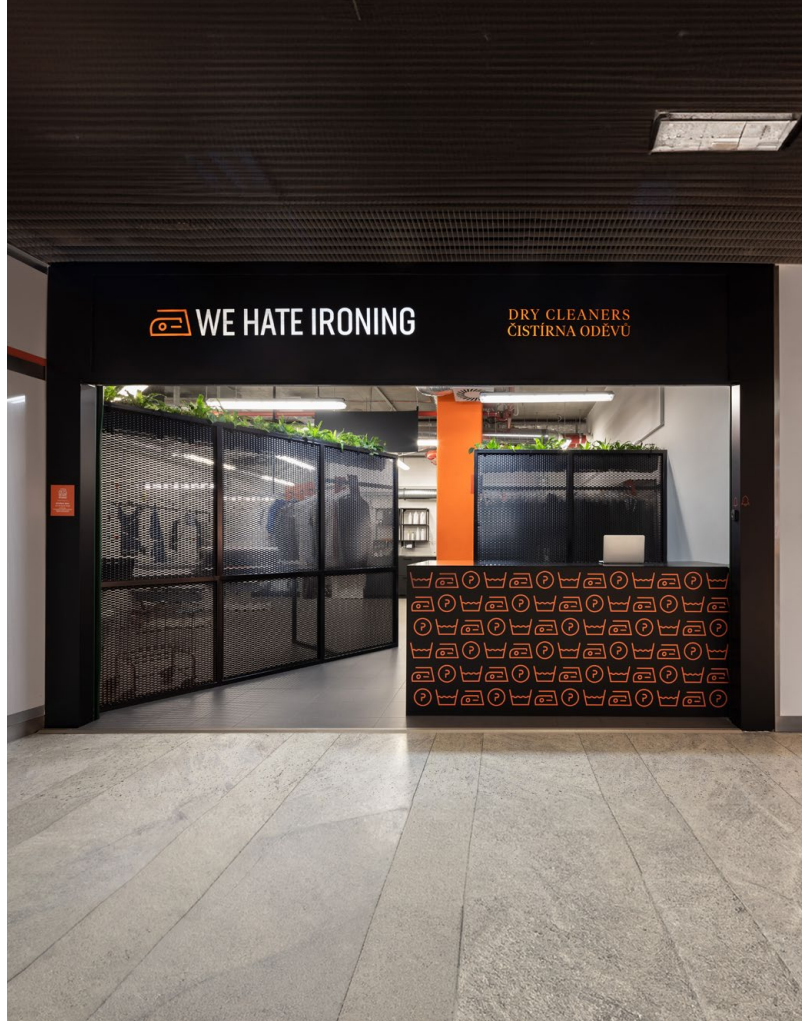
From Filadelfie to the Brumlovka building

# Dry cleaning at a new address

Some things change, but care for your laundry remains the same, meaning still just as great. During April, We Hate Ironing will move **from Filadelfie to the Brumlovka building** - to the shopping arcade on the ground floor, next to the escalators below Balance Club Brumlovka.

Moving means change, but it also means new opportunities, and at We Hate Ironing we look forward to offering you an even better service in our new location.

 WE HATE IRONING





Filadelfie Building

# Learn how to brew the perfect coffee with Kofyka

Love coffee and want to enjoy it at home just like it's served up by a barista? Kofyka has prepared practical courses on how to brew coffee, led by experienced barista and instructor Alan Brázda.

## **Brewing Filter Coffee at Home**

Wednesday 16 April from 4:30 p.m., price 1,500 CZK/person

## **Basics of Brewing Espresso**

Wednesday 23 April from 4:30 p.m., price 2,000 CZK/person

Each course is designed for a maximum of 5 people to allow an individual approach. Book your place in person at Kofyka, by emailing them or giving them a call. Come and learn the secrets of how to brew really great coffee and enjoy it to the fullest at home!

KOFYKA  
Espresso Bar

Filadelfie Building

# Comfort and style in one - Meera Jeans at a 15% discount

Discover the ever-popular „Meera Jeans“, jeggings that fit and hold their shape perfectly. They're made from stretchy BIO denim, which is not only comfortable, but also as environmentally friendly as possible.

## Why do you love them?

- Ideal waist height - they fit great, don't pinch anywhere
- Comfortable fabric with no elasticated waist
- Perfectly shape the figure
- Go with everything from T-shirts to oversized sweaters
- 100% Czech-made, GOTS certified

Meera Jeans are the product of the month at the Meera Design boutique, so you can buy them with a **15% discount** throughout April.

Come and give them a try... and you may not want to wear anything else.







Filadelfie Building

# BODY EXPRESS makes exercise more effective

In the Filadelfie Building you have the opportunity to try some special EMS exercises now with additional electrodes on the feet, which significantly increase the effect of electro-stimulation on the whole body, especially the foot muscles.

## What are the other benefits:

- quickly, intensively and comprehensively stimulates the foot arch muscles
- gets rid of flat feet
- aligns the muscles controlling the toes = prevents bunions
- strengthens the small muscles around the ankle and on the instep
- increases calf strength and Achilles tendon resilience

Electrical muscle stimulation uses weak impulses to activate the whole body. 20 minutes once a week is sufficient for your body to receive the necessary amount of training to make it firm and active and burn enough energy.

Book a session at [www.bodyexpress.cz](http://www.bodyexpress.cz) more information [about EMS here](#).



Alpha Building

# A colourful Easter at Papýrek

Getting ready for the spring festival? Papýrek is the right place to find everything you need for a beautiful and happy Easter! Egg paints, stickers, decorative „shirts“, ribbons, bags, napkins and Easter cards - just choose. Whether you want to get creative with your decorations or wrap your Easter gift in style, Papýrek has a wide range of decorations and accessories for you.

Come and get inspired and prepare for a joyful Easter in plenty of time.

Papýrek



# CHARITATIVNÍ CAPPUCCINO

Zakoupením charitativního Javorového cappuccina  
přispějete na sbírku Pomozte dětem



Beta Building

## A charity cappuccino to help children

The Easter season is traditionally associated with the Help the Children collection, the symbol of which is the yellow chicken. Costa Coffee has been involved in the charity fundraiser every year since 2016, so once again this year you can buy a coffee and help sick or otherwise disadvantaged children.

A charity cappuccino with delicious maple syrup and cinnamon sprinkles in the shape of a chicken will be served up in all their cafés, with the entire amount going directly to the fundraiser!

You can also get in the mood for the upcoming spring holidays with the popular Easter cake, which is usually baked on Holy Saturday, but Costa Coffee offers it in advance from 1 April. Just sweet and moist enough, filled with raisins and cranberries and decorated with sliced almonds - just as tradition has it.

# VELIKONOČNÍ MAZANEC



Beta Building

# ASKO dishwashers with a lifetime of up to 20 years

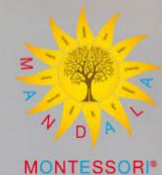
Give quality a try.

The Scandinavian ASKO brand presents a new generation of dishwashers that are changing the game in the modern home. This is doubly true for dishwashers, as ASKO uses less plastic and more steel. Using high-quality steel instead of plastic makes these dishwashers more durable and hygienic, not to mention more environmentally friendly. Innovative technologies such as Turbo Combi Drying™ and Auto Dose ensure perfect results with minimal effort.

With a dishwasher life of up to 20 years, ASKO is synonymous with long-lasting reliability and modern minimalism in your kitchen. Visit the ASKO design showroom in the Beta building and discover Scandinavian quality for yourself.

More at [cz.asko.com](https://cz.asko.com).





**DĚKUJEME ZA  
PŘÍZEŇ**

Brumlovka Building

## The Mandala Montessori stone shop says goodbye

The Mandala Montessori shop would like to thank all its customers for their support and for helping to spread the joy of discovery and learning through play. The shop in Brumlovka closed at the end of March, but the e-shop and the store in Hlubočepy remain open.

Not to mention that orders worth over 800 CZK can be picked up for free from the Zásilkovna at Papýrek using the code „brumlovka“.



Filadelfie Building

# Spring refreshment at PuzzleSalads

The latest seasonal PuzzleSalads menu offers three delicious new salads that will give you energy and get you in the mood for sunny days.

Try the **Spring Bowl** with pork tenderloin, spring salad, and grenaille potatoes with pesto, the fried Cheesy Balls with arugula, mint, and quinoa and carrots, or reach for the Protein Boost with a double portion of chicken, as well as quinoa and carrots, and a lime dressing with parsley oil.



# povzbud' se chutí jara

spring bowl,  
cheesy balls  
& protein boost



UŠETŘÍTE AŽ  
3.000Kč



  
PROGRAM  
A3 - A4 - A5

+

  
MYTÍ  
PODVOZKU

+

  
VOSK  
SWISWAX  
za další cenu  
1.495,-

více o jednotlivých programech  
najdete na [www.rucnimycka.cz](http://www.rucnimycka.cz)

Odstranění zaschlé soli  
z podvozku vozu po zimních cestách.

100% ruční aplikace  
profesionálního vosku SWISWAX.

Brumlovka Building

## Special offer at the Collection Car Wash

The Collection Car Wash, a car cosmetic centre offering detailing and care for your car, has come up with an interesting special offer. Add the option of Swiswax wax to the A3, A4 or A5 programme and chassis wash for a **special discounted price**.

The Collection Car Wash specialises in complete car clean services, hand washing, waxing and body paint restoration with, leather impregnation and treatment, and interior cleaning, all exclusively by trained staff. It goes without saying that the work is always done down to the finest detail.

**Automyčka**  
Collection

Residence Villas

# Lemon Pharmacy: Health and beauty care with great benefits

Looking for a pharmacy that combines professional care, a wide selection of products and good deals? The Lemon Pharmacy is here for you! Take advantage of **reduced surcharges up to 0 CZK, 3 for 2 special offers or the loyalty programme to save even more.**

Browse the [current promotional leaflet](#) and discover some great discounts on medicines, dietary supplements and skin care. In addition to a wide range of products and expert advice, the pharmacy also specialises in prevention and beauty care, so there's something for everyone.

Stop in and treat yourself to a personal and friendly approach to your health!

**Lemon**  
LÉKÁRNA

**Lemon**  
LÉKÁRNA

Profesionální péče  
o Vaše zdraví a krásu.

Doplátky  
snížené  
až na

0 Kč

Super nabídka platí  
10. 3. – 30. 4. 2025



### OCUTEIN® SENSITIVE PLUS oční kapky 15 ml

- Rychlé úlevy pro suché, podrážděné a unavené oči,
- vhodné pro citlivé oči,
- větší výhodnější balení 15 ml.

Za SUPER CENU také:  
OCUTEIN® SENSITIVE PLUS  
oční kapky 15 ml + Fresh 15 tobolek

Super  
cena  
199,-



Zdravotnický prostředek.  
Čtěte pečlivě návod k použití a informace,  
které se vztahují k bezpečnému používání  
zdravotnického prostředku.

### PRIESSNITZ ŽÍLY A CÉVY MEDICAL 125 ml

- Proti křečovým žilám,
- proti otokům a bolesti nohou,
- rychle účinkuje, rychle pomůže.

Super  
cena  
295,-



Zdravotnický prostředek.  
Čtěte pečlivě návod k použití a informace,  
které se vztahují k bezpečnému používání  
zdravotnického prostředku.

### TANTUM VERDE® DUO 1,5 mg/ml + 5 mg/ml

- Potlačuje projevy infekce v krku již od prvních  
příznaků (podráždění, škrábání, pálení, pobolívání),
- s antiseptickým účinkem proti patogenům,
- pro dospělé a děti od 6 let.

Za SUPER CENU také:  
další přípravky TANTUM VERDE®

Super  
cena  
179,-



Tantum Verde, Tantum Verde Spray, Tantum Verde Mint obsahují benzylperoxidum hydrochloridum  
Tantum Verde Duo. Léky k rozložení užívat v odstávkách a v krku. Pečlivě čtěte příbalžovou informaci.

### ACC® Long 600 mg 20 žumvých tablet

- Léčí vřehý kael,
- rychlý nástup účinku od 1 dne,
- rozpouští hlen a usnadňuje vykašlávání
- chrání plícni buňky.

Super  
cena  
249,-

1x  
DÁREK

Za SUPER CENU také:  
ACC® Long 600 mg,  
10 žumvých tablet.



Volně prodejné lék k vnitřnímu užití s účinnou látkou acetylsalicyl. Čtěte pozorně příbalžový lék.

### Dopřejte své pleti to nejlepší s italskou dermosmetikou Rilastil!



K nákupu Rilastil  
nad 499 Kč získáte  
Xerolact Čistič oleje  
na obličej a tělo 50 ml  
jako DÁREK!

SLEVA  
25%  
na vybrané  
produkty

\*za 0,01 Kč

### PARALEN® 500 mg 24 Tablety

- Tlumí bolest,
- snižuje horečku,
- pomáhá při chřipce,
- nedařící žaludek,
- je vhodný i pro diabetiky.

Super  
cena  
55,-



Lék k vnitřnímu užití. Obsahuje paracetamol. Čtěte pozorně  
příbalžovou informaci a poraďte se s lékařem nebo lékárníkem.



Cenový  
HIT!  
109,-

### Sinex VICKS Aloe a Eukalyptus 0,5 mg/ml, nosní sprej, roztok 15 ml

- Nosní sprej k úlevě od příznaků ucpaného nosu,
- osvěžující účinek po dobu několika minut, účinek přetrvává až 12 hodin,
- obsahuje extrakt z aloe a eukalyptu (olejů).

Léčivý přípravek k nosnímu podání,  
obsahuje léčivou látku acetylsalicyl. hydrochlorid,  
Příbalžová a pozorně příbalžovou informaci.



Zdraví je blíž, než si myslíte. Více na [www.lekarnalemon.cz](http://www.lekarnalemon.cz)

Nabídka platí od 10. 3. do 30. 4. 2025 nebo do vyprodání zásob. Prostudujte pečlivě příbalžový lék. Účinky a způsob použití konzultujte s lékárníkem nebo lékařem.  
Cílem této nabídky není podpora zvýšeného užívání léků. Změna vyhrazena, za tiskové chyby neručíme. Platí pro všechny produkty uvedené na letáku.





Filadelfie Building

## Even faster and more convenient shopping at dm

Customers can now use Scan&Go in dm stores. This service makes shopping quick and easy, which will be appreciated by introverts, as well as by anyone who doesn't have time for long queues and wants to put things straight into their bag when shopping.

### How does it work?

Simply scan the products while shopping using the My dm mobile app and scan the generated QR code at the self-service or regular checkout. In addition, as a thank you for the first purchase of 200 CZK or more, customers receive an eCoupon for 200 extra points valid for the next 7 days, equivalent to a 50 CZK discount on their next purchase.

[More information HERE.](#)