

Parking at Brumlovka

With the Advent season approaching, we tend to see a rise in the number of visits, deliveries, and quick pre-Christmas errands. To help keep things flowing smoothly for everyone, here's a reminder of all the public parking options available throughout the site.

Brumlovka has a total of six public car parks - four underground and two outdoor, all open 24 hours a day:

- **Underground car parks:** Brumlovka, Filadelfie, Delta and Building G
- **Outdoor car parks:** in Želetavská and Za Brumlovkou streets (behind the Brumlovka building and at the Bethany Community Centre)
- **First 15 minutes free:** ideal for short stops or to pick up a parcel from a nearby delivery box
- **Hourly rates:** Mon–Fri, 7:00 a.m.–7:00 p.m.: CZK 60/hour, other times and public holidays: CZK 20/hour

Parking is free in the surface car parks outside opening hours and on public holidays (on Želetavská Street and at the Bethany Community Center). In the event that the busiest zones are full, on-site attendants will guide visitors to the nearest available parking spaces.



- | | |
|-----------------------|----------------------------|
| 1 Building Brumlovka | 5 Za Brumlovkou St. |
| 2 Building Delta | 6 Bethany Community Centre |
| 3 Building Filadelfie | 7 Želetavská St. |
| 4 Building G | Charging station |

Building B

Yoga for Relaxing the Back and Mind

When: Monday, 3 November, from 6:00 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

Instructor: Andrea Mokrejšová

Got a sore back from long hours at your desk, one-sided strain, or stress? Come and enjoy some time to yourself and learn how to care for your spine and whole body through yoga. In this workshop we'll be focusing on relaxing tight muscles, strengthening the core, improving mobility and breathing to help ease tension.

You'll leave with a set of easy exercises to practise at home to help prevent back pain.

Admission: CZK 150 / person

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka.

Workshop.



Yoga for Relaxing the Back and Mind



Please use the "Instant translation" function in your Translate App to read this poster in other suitable language. English version of all Brumlovka activities are to be found also at brumlovka.cz

Passerinvest

Dating.



Dating for exercise and sports enthusiasts



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Passerinvest

Brumlovka Building

Dating for exercise and sports enthusiasts

When: Tuesday, 4 November, from 6:00 p.m. and 8:00 p.m.

Where: Coffee Perk, Brumlovka Building, Vyskočilova 1100/2

Looking for a partner to share your healthy active lifestyle with? We're holding a social dating evening where you'll have the opportunity to meet people who are currently single. "Our "Sporty Dating" evening is not just for professional sportspeople; it's open to anyone who enjoys an active lifestyle and exercise.

During the course of one evening you'll get to meet 8-10 partners, and if someone takes your fancy, we'll be happy to arrange for you to exchange contact details.



6:00–8:00 p.m.
Tuesday 4 November
CZ



8:00–10:00 p.m.
Tuesday 4 November
CZ

If this month's theme doesn't fit with your interests, your preferences or age, check out the organising agency's website at www.seznamovacivecer.cz, where you'll find a wide range of dating nights.

Brumlovka.

Filadelfie Building

New Zealand on Foot, by Bike and by Boat

When: Wednesday, 5 November, from 5:30 p.m.

Where: Filadelfie Building shopping arcade, Želetavská 1525/1

Speaker: Eva Schrollová

A solo girl's adventure across Oceania! Eva trekked 1,300 km across New Zealand's South Island, cycled 1,700 km on the North Island, and finally hitchhiked aboard a sailboat across the South Pacific to Fiji and Vanuatu.

Join us for the latest in our series of travel evenings at Brumlovka.

Brumlovka.

Travel Evening.



New Zealand on Foot, by Bike and by Boat



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Passerinvest

Workshop.



How to Create Social Media Videos (with Ease)



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Passerinvest

Beta Building

How to Create Social Media Videos (with Ease)

When: Monday, 10 November, from 6:00 p.m.

Where: FLEKSI, Beta Building, Vyskočilova 1481/4

entrance directly from Za Brumlovkou street, where there is a public car park

Speaker: Diana Zádáková

Want to make videos that truly stand out on social media? We'll be going through easy-to-use tools and applications, the basics of editing and working with sound and voiceovers. We'll take a look at current trends, how to use AI features, and show you tips to speed up your work and enjoy it to the fullest.

Diana has been enjoying and making a living from social networking for almost 10 years. She has managed the social media department at digital agency eVisions for 5 years, so has ample experience in managing profiles for various large clients with different types of business and goals. She specialises in social media strategy, content marketing and influencer marketing.

Admission: **CZK 150 / person** (Free entry for FLEKSI members.)

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka.

Filadelfie Building

Dance Lessons at Brumlovka

When: Wednesday, 12 November, from 7 p.m.

Where: shopping arcade in the Filadelfie Building, Želetavská 1525/1

Come and dance with us for free under the tutelage of Lenka Nora Návorková – multiple Champion of the Czech Republic in Latin American dance and winner of the StarDance television competition.

At our November dance lesson we'll be dancing the rumba, the slowest of the Latin American dances. Like the cha-cha-cha and mambo, it comes from Cuba. Its basic step and other basic variations are very simple.

Come along in November and get dancing the rumba at Brumlovka.

Brumlovka®

Dance Lessons.



in the shopping arcade
of the Filadelfie Building

Dance Lessons at Brumlovka



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Passerinvest

Workshop.



Paint Your Own Autumn Candle



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Passerinvest

Building B

Paint Your Own Autumn Candle

When: Thursday, 13 November, from 5:30 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

Early darkness, drizzly weather and chilly days... How to make the autumn atmosphere more pleasant? With a homemade candle!

Under the guidance of Soňa Kotulková, you'll create your own original candle decorated with autumn or Halloween motifs. You'll learn how to paint on the candle with coloured wax and can of course take the finished product home as a cosy addition to your home or a personal gift for someone special. You don't need any painting experience - Soňa will take you through the easy process step by step.

It's also a lovely way to unwind and get creative.

Admission: CZK 690 / person

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka.

Filadelfie Building

Make a Long-Lasting Advent Wreath

When: Wednesday, 19 November, from 5:30 to 7:30 p.m.

Where: Roast & Grill Bistro, Filadelfie Building shopping arcade,
Želetavská 1525/1

Come and make a beautiful Advent wreath that will last you for many Christmases to come. The price includes a welcome drink, wicker base, artificial greenery, candles, decorative materials, and use of all the floristry tools you'll need. You take the Advent wreath you create home with you. The course is also suitable for beginners.

On the day of the workshop, all participants can enjoy a 10% discount at the Květiny Romantika store.

Admission: **CZK 1 590 / person**

(Payment for the workshop on the spot, in cash.)

Capacity: **6-10 people**

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka.

Workshop.



Make a Long-Lasting Advent Wreath



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Passerinvest

Talk.



Let's Talk at Brumlovka



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Passerinvest

Filadelfie Building

Let's Talk at Brumlovka

An evening of conversation in English

When: Thursday, 20 November, from 6:00 to 7:30 p.m.

Where: Roast & Grill Bistro, Filadelfie Building shopping arcade,
Želetavská 1525/1

We invite you along to an evening of English conversation - no grammar exercises, no tests, just relaxed and fun conversation. Let's practice, meet new people and have some fun - in English!

Get to know your neighbours, join the Brumlovka community and share your stories in a friendly atmosphere. The evening will be hosted by Neil Ware, an energetic English teacher from Scotland who will get everyone talking.

Topic: How to cope with stress in modern times

Free entry | Informal atmosphere | All levels are welcome

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka.

Beta Building

The Art of Self-Knowledge and Self-Presentation

When: Monday, 24 November, from 6:00 p.m.

Where: FLEKSI, Beta Building, Vyskočilova 1481/4

entrance directly from Za Brumlovkou street, where there is a public car park

Speaker: Alžběta Králová

This workshop will help you understand who you are, how you present yourself and how to consciously shape the impression you make. Participants will receive short worksheets in advance to help them prepare for and get the most out of the workshop. Together, we'll explore key principles of self-awareness and self-presentation and learn practical techniques for appearing confident, authentic, and natural – in work and in everyday life.

Who the workshop is intended for?

For anyone who wants to understand themselves better, develop their potential, and communicate with confidence – whether on stage, in a team, or in daily interactions.

Admission: **CZK 200 /person** (Free entry for FLEKSI members.)

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka.

Workshop.



The Art of Self-Knowledge and Self-Presentation



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Passerinvest

Workshop.



November Yoga: Asanas and Body Expression



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Passerinvest

Building B

November Yoga: Asanas and Body Expression

When: Tuesday, 25 November, from 6:00 p.m.

Where: FLEKSI , Building B, Vyskočilova 1422/1a

Instructor: Andrea Kopačková

Autumn is the season for slowing down, turning inward, and gently caring for our body and mind. Join us for a calm and flowing yoga session that connects movement, body awareness, and inspiration on how to nurture yourself during this time of year.

What to bring: A yoga mat, comfortable clothes, and a blanket. The number of places is limited.

The workshop is suitable for all ages and levels, including complete beginners.

Admission: CZK 150 / person

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka®

Filadelfie Building

Make a Fresh Advent Wreath

When: Wednesday, 26 November, from 5:30 to 7:30 p.m.

Where: Roast & Grill Bistro, Filadelfie Building shopping arcade,
Želetavská 1525/1

The price includes a welcome drink, fir-based wreath frame, candles, decorative materials, and use of all the floristry tools you'll need. You take the Advent wreath you create home with you. The course is also suitable for beginners.

On the day of the workshop, all participants can enjoy a 10% discount at the Květiny Romantika store.

Admission: CZK 1 290 Kč / person

(Payment for the workshop on the spot, in cash)

Capacity: 8-18 people

Register by emailing: marika.simunkova@passerinvest.cz

Brumlovka.

Workshop.



Make a Fresh Advent Wreath



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Passerinvest

Talkshow.

Martin Mazari



Brumlovka

Talks from Brumlovka

When: Wednesday, 26 November, from 6:00 p.m.

Where: première online on the **Brumlovka FB profile**

Every month, we invite people, who we feel have something to say and whose professional or personal life is somehow associated with Brumlovka.

Different person, different topic, but always at Brumlovka.

This month: [Martin Mazari](#)

For over fourteen years, Martin has led product and pricing management at Volvo Car Czech Republic. As Product & Pricing Manager and Sales Trainer, he combines analytical precision with deep brand knowledge, proving that work can be a true calling. A passionate “Volvista,” he sees his brand as more than just cars. He prepares price lists, launches new models and trains sales teams - from product training to sales skills development, bringing not only knowledge, but also energy and motivation.

Besides cars, he's also a big music lover. As an audiophile, he appreciates Volvo's meticulous sound design, knowing how music can turn every drive into a unique experience. Martin Mazari joins us to share his insights, stories, and inspiration – with perspective, warmth, and enthusiasm for both cars and music.

The interview will be conducted by Eduard Forejt.



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Brumlovka.

Náměstí Brumlovka

Lighting of the Christmas Tree

When: Thursday, 27 November, from 11 a.m. to 7 p.m.

Where: Náměstí Brumlovka, Vyskočilova 1100/2

As Advent approaches, you're warmly invited to the traditional lighting of the Christmas tree, to be held on Náměstí Brumlovka on **Thursday, 27 November 2025**.

Join us to sing some carols and get in the mood for the run-up to Christmas. The cultural programme will be complemented by Christmas and refreshment stands, where you will be able to purchase mulled wine, grog, hot apple juice, soup, strudel, drop scones and Christmas biscuits.

- 11 am–7 pm Christmas themed stands
- 4 pm–5 pm Puppet theater – Fairy tale about a Christmas star
- 4 pm–7 pm Creative workshops for childrens
- 5 pm–5:10 pm Christmas tree lighting ceremony
- 5:10 pm–5:30 pm Rolnička children's vocal ensemble
- 5:30 pm–5:40 pm Carol singing
- 6 pm–6:20 pm Rolnička children's vocal ensemble
- 6:20 pm–6:30 pm Carol singing

Brumlovka®

Event.



Lighting of the Christmas Tree



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Exhibition.



Cheerful colours



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Passerinvest

Alpha Building

Exhibition: Cheerful colours

Jiří Prokop

When: November 2025

Where: Alpha Building, Vyskočilova 1461/2a

Come and be inspired and enjoy a different way to enjoy colour.

Brumlovka.

Roztyly Plaza Building

Exhibition: The Voice of Silence

Veronika Manukjan

When: November 2025

Where: Roztyly Plaza building, Tomíčková 2427/2

The Voice of Silence exhibition presents the work of Veronika Manukjan as a quiet counterpoint to the over-saturation of today's world.

Her art does not shout, but rather invites us to enjoy some stillness and reflection, a return to ourselves. It honours the elements of water, earth, the heart's fire, and air, while staying true to the artist's signature monochrome style. The depth and the real motif here do not come from the colour itself, but above all from the light that transforms the relief surfaces with every passing moment.

The Voice of Silence opens a space where stillness becomes a source of strength and presence the very essence of being.



Exhibition.



The Voice of Silence



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Passerinvest

NADĚJE ŽIJE

9 večerů pro klidnější
mysl a zdravější tělo

7.–15. listopadu

MARK A ERNESTINE FINLEY
POPRVÉ V PRAZE

VSTUP ZDARMA



Prague Congress Centre

Hope Lives

Prague welcomes the return of world-renowned speaker Dr Mark Finley with his wife Ernestine, a healthy lifestyle expert, offering nine inspiring evenings filled with hope, practical advice and spiritual encouragement - from 7 to 15 November at the Prague Congress Centre.

Each evening combines guidance for a healthy body and nourishment for the soul.

For more information and to book a place, visit www.nadejezije.cz



Brumlovka Building

Your fitness under the magnifying glass - extended diagnostics for club members

Balance Club Brumlovka offers its members advanced body diagnostics to track their progress and gain a detailed insight into their overall condition.

Diagnostics is a process by which the club's professionals assess your fitness, gain basic information about your posture, body composition (the amount of fat, muscle, water and minerals in the body), and gauge your heart function - to detect any anomalies. They identify muscle imbalances (weakened or shortened muscles), measure flexibility, and record body your circumferences (chest, waist, hips, arms, thighs, calves).

The results provide a clear picture of your fitness and health. Diagnostics give you control over and enable you to improve your performance, not to mention the assurance that you are training as efficiently and safely as possible. Members can book their diagnostics directly through their online profile.





Filadelfie Building

For Joy - JK Šperky Jewellery

Already thinking about a Christmas gift for your loved ones, or something to treat yourself? The JK Šperky store, located in the Filadelfie Building since it first opened, has refreshed its permanent collections, added new designs, and now offers some lovely gift vouchers.

There's still time to have yourself a custom-made original piece of jewellery done, not only as a Christmas present - for you, your loved ones or colleagues. Jewellery is a beautiful original gift, and and if it's custom-made, it can be truly unique.

Customers are also sure to appreciate the staff's personal approach, and they're always happy to offer expert advice.

As an added bonus, Brumlovka employees now enjoy a 15% discount, valid until the end of 2025.



JK šperky

Filadelfie Building

Father and Son: Double the Cut, Double the Experience

And at a discounted price!

At Better Barber, dads and their little gentlemen can enjoy some quality time together while being looked after by true professionals. Kids leave neat and happy, dads, confident and ready for the days ahead. The perfect place to enjoy a relaxed atmosphere and fast, precise service with no unnecessary waiting around.

Turn a simple haircut into a shared ritual you'll both enjoy.

Phone.: 725 726 832 or on website.



Alpha, Delta, Gamma

A new addition to the Goodlunch family: Výrovka Chalet

We're delighted to introduce our new addition to the Goodlunch family - the Výrovka mountain chalet in the heart of the Giant Mountains! A place where fresh mountain air meets great food and comfort after a day on the slopes or trails.

So come and relax, breathe in the mountain air, and enjoy something delicious from Goodlunch.



Goodlunch Vás zve do Krkonoš

Chata Výrovka

10 % sleva na pobyt pro každého
z Brumlovky

And as we know that you love good food and relaxation too, Goodlunch now offers a 10% discount on accommodation at Výrovka.

Just show proof that you're from Brumlovka when booking - use the promo code: BRUMLOVKADOKRKONOŠ. The promotion is valid until the end of the year.



Brumlovka Building

Something to Warm You Up from the Maranatha Restaurant

With autumn here, the Maranatha restaurant has prepared a new selection of hot soft drinks to warm you up and delight those taste buds.

Try the hot sea-buckthorn or pear drinks, or the Zingi ginger bomb – a mix of ginger, honey, and lemon that's guaranteed to chase away the chill. The menu also includes fruit and herbal teas, as well as spelt coffee served with pumpkin or gingerbread syrup and plant-based milk.

You can enjoy everything right there in the restaurant or take your drink to go.



ZINGI

Představujeme vám ZINGI, prémiový zázvorový nealkoholický nápoj, který v sobě kombinuje roky vyladěnou symfonii chutí ostrého zázvoru, lahodného medu a šťavnatého citronu.



Stoprocentní přírodní produkt | Bez konzervantů a umělých barviv | Vyrobený z nejvyšších surovin | Luxusní dárek pro blízkého



Delta Building

Turnov Pub invites you tuck into its St. Martin's menu

From Monday 10 to Friday 14 November, the Turnov Pub offers a special St. Martin's Day menu full of the flavours and aromas of autumn. Guests can enjoy traditional kaldoun soup, juicy confit goose, and an original pulled-goose burger. The chefs combine honest Czech tradition with a modern twist, topped off with a gentle dessert of plum jam and vanilla sauce.

There will be no shortage of St. Martin's Day wines or special lager from the Turnov Brewery. Celebrate St Martin's Week at Brumlovka with a gourmet experience worth savouring.

Building B

Zrno Zrnko Knows How to Bake a Perfect Christmas

No stress, no flour in your hair... this year Zrno Zrnko is ready for Christmas with their signature holiday treats. Alongside the popular pistachio eggnog, this year's novelty is the gingerbread eggnog, rich with winter spices and home-baked aroma.

Don't miss their fresh Christmas loaves and a selection of traditional cookies just like the ones you love from Grandma, which you can **easily pre-order from their e-shop** and have your holiday baking sorted in advance.





Beta Building

ASKO in Actor Vladimír Polívka's New Kitchen

Premium Scandinavian appliance brand **ASKO** has found a new home with popular actor Vladimír Polívka, who has had the kitchen completely refitted in his house in Moravia. The actor is absolutely delighted with ASKO's **focus on top-class design, functionality, and elegance.**

Marek Fichtner, chef at Prague's renowned Červený Jelen restaurant, also swears by ASKO quality, which is why he's now the brand's ambassador. **You can visit the ASKO showroom right here at Brumlovka in the Beta Building.** They'll treat you to a delicious cup of coffee from the built-in ASKO coffee machine and walk you through the brand's beautifully crafted appliance range.

ASKO
Inspired by Scandinavia